

**Where are you located?**

Family Advocacy is located in building 161, on the second floor (across from the dental clinic.) Download map here.

**What are your hours?**

We are open Monday through Friday from 0730-1630. We are closed on all Federal holidays, Goal Days and Medical Group training days.

**Is Family Advocacy the same as the Airmen and Family Readiness Center?**

No, we are different agencies. The A&FRC can be reached at 452-6422

**How do I make a referral?**

If you suspect child or spousal abuse, intimate partner violence or neglect, call Family Advocacy immediately at 452-8279. You will be asked the who, what, when and where of the observed incident. If you don't know all the answers, its ok to still call and report. If it is an emergency after normal business hours, 0730-1630, you can call security forces at 452-6666 or the Command Post 452-6141.

**Can I be anonymous when making a referral?**

Yes. You never have to give your name when making a referral. If you do, Family Advocacy only shares your name with the agencies that are privileged for that information.

**What is the difference between restricted reporting and unrestricted reporting?**

**Unrestricted** – allows a victim to report an incident using chain of command, law enforcement or criminal investigative agency and FAP for clinical intervention.

**Restricted Reporting** – allows an adult victim eligible to receive military medical treatment the option of reporting an incident to FAP for the purpose of receiving medical care, supportive services, and/or advocacy and information without initiating the investigative process and alleged offender being notified of report. Remember incident must be reported to FAP, SARC or medical personnel.

**If I tell my First Sergeant – can my report still be restricted?** No. Once you tell anyone other than FAP, the SARC or medical personnel, a restricted report is not possible.

**Can family advocacy issue ERD's (Early Return of Dependents)?**

Family Advocacy does not issue ERD's. Family Advocacy only provides a letter of support on a case by case basis. This process is initiated by the unit commander. For more information contact the First Sergeant or legal office.

**What age can a child be left alone?**

The age a child can be left alone depends on the time, location (i.e. car/home) and individuals with whom they are in the care of. Please see Spangdahlem AB Base Supervision Guidelines located at [the Security Forces Squadron](#).

**Do I have to sign up for a class, or just show up?**

It is preferred that you sign-up for classes. In the event you can't make a scheduled class, please contact us at 452-8279 so we can make arrangements for you to make-up the class.

**What are my options for marital counseling?**

It is strongly recommended that couples wanting to strengthen their relationships sign up for our Marriage Links class (Info here). Spangdahlem AB has the services of a number of Military Family Life Consultants who can offer short-term, solution focused counseling for couples – please contact the Airmen and Family Readiness Center at DSN 452-6422. The Chaplain Corps can also provide couples counseling – please contact them at 452-1829. Couples may also schedule an appointment for Family Advocacy Strength Based Therapy (FAST) on a space available basis to individuals, couples and families to increase communication skills and emotional intelligence in order to prevent maltreatment from occurring.

**If I sign up for anger management and miss a session, does my commander get notified or I have a medical “No Show?”**

No. Our parenting classes and anger management classes are voluntary and do not get tracked as a medical appointments.

**Can Family Advocacy take away my kids?**

No, Family Advocacy services are strictly voluntary – We are not child protective services. However, Family Advocacy will work with your unit’s leadership to help you resolve your families challenges. We are here to help!

**Does Family Advocacy have victim advocates?**

Family Advocacy currently does not have victim advocates. However, if you are a victim of sexual assault the non-treating treatment manager will serve as your victim advocate

**Who can enroll in the New Parent Support Program?**

Any DoD ID card holder who is currently pregnant or has a child who has not yet turned three years old may enroll.

**Does it cost anything to participate in the New Parent Support Program?**

No. It is absolutely free!

**Do I have to be signed up with the New Parent Support Program (NPSP) to be able to take the baby classes/NPSP classes?**

No. Any expecting parent can attend the “All About Babies” and “Breastfeeding and Infant Nutrition” classes.

**How can we go about getting a car seat inspection?**

Contact the New Parent Support Program to schedule a home visit with a nurse who is a Certified Child Passenger Safety Technician.

**What services does the New Parent Support Program offer?**

Registered Nurses provide support in the areas of pregnancy, labor and delivery, newborn/infant/toddler care and safety, growth and development, parenting and family relationships through home visits, classes, education/support groups and can make referrals to community services.

**Can the New Parent Support Program offer help with Breastfeeding?**

Yes. The Registered Nurses are available to assist with breastfeeding issues by offering lactation consultations via home visits.

**Can Family Advocacy help with adoptions?**

No. Unfortunately we are not able to assist in these areas.