

# SABER E-HERALD

SPANGDAHLEM AB

NEWSLETTER OF THE 52ND FIGHTER WING

JUNE 13, 2013

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## MEN ARE EQUAL AT ROUNDTABLE

U.S. Air Force Master Sgt. Ryan McClary, 52nd Civil Engineer Explosive Ordnance Disposal Flight logistics superintendent from Eureka, Calif., explains the purpose of Spangdahlem AB's new group The Roundtable June 5, 2013. The idea of the Roundtable was inspired by the all-women's SpangDamen group, where women come together to find confidence in themselves and make choices that will lead them to success. Read the entire story at <http://www.spangdahlem.af.mil/news/story.asp?id=123351822>. (U.S. Air Force photo by Staff Sgt. Christopher Ruano/Released)

## School out ... teen center in

**Tech. Sgt. Jonathan Pomeroy**  
**52nd Fighter Wing Public Affairs**

The 2012-13 Department of Defense Dependents Schools - Europe school year comes to a close 14 June.

Parents looking to keep their children involved in youth programs can contact the Spangdahlem teen center.

The teen center offers a variety of programs from sports camps to fitness and instructional camp activities.

The center will be hosting a pre-teen flag football camp July 29 - August 2 for children ages 7 -14. In addition, there will also be gymnastics, basketball, and cheer and tumbling camps during the summer break.

"The teen center provides various activities throughout the summer for different age groups such as cooking, athletics and fine art programs," said Thomas Williams, 52nd Force Support Squadron Teen Center director. "What we try to do here is offer as many opportunities as possible for teens to get out

and get involved in our program over the summer."

The teen center also offers day trips to amusement parks such as Disneyland Paris and Europa Park.

"We offer a lot of opportunities to explore Europe and at the same time develop skills provided through our different program activities," Williams said. "The biggest thing is our programs keep teens involved, socially, mentally and culturally."

Parents looking to sign their children up for these programs should call the youth programs office at DSN 452-6244 or 06565-61-6244.

### School's Out For Summer Party

A free party for all Spangdahlem children takes place 11 a.m. - 3 p.m., June 13 at Bldg. 215, American Forces Network Spangdahlem. The event includes a bouncy castle, sumo wrestling, face painting, cotton candy, popcorn, hotdogs, special live performances and a chance to be disc jockey and news reporter. Transportation to and from the Bitburg and Spangdahlem teen centers is provided by youth services.



## SUPER SABER PERFORMER

Tech. Sgt. Jaquetta Thomas, 52nd Force Support Squadron NCO in charge of readiness and plans, is the Super Saber Performer for the week of June 13-19. Read the entire article at <http://www.spangdahlem.af.mil/news/story.asp?id=123352296>. (U.S. Air Force photo by Airman 1st Class Gustavo Castillo/Released)



Tech. Sgt. Sean Buck and Airman 1st Class Pedro Cahua, both with the 451st Expeditionary Aircraft Maintenance Squadron, prepare to hook a 1,800 pound A-22 cargo bag to an approaching UH-60 Black Hawk helicopter flown by Soldiers of the 3rd Combat Aviation Brigade during a joint-coalition sling load training mission at Kandahar Airfield, Afghanistan, June 1, 2013. The training provided coalition members the opportunity to learn the concepts of illuminating a landing zone as well as in-flight cargo sling loading. Read the entire article at <http://www.spangdahlem.af.mil/news/story.asp?id=123351825>. (U.S. Air Force photo/Capt. Brian Maguire)

# Airmen OWN<sup>the</sup> night





# DFAC

## Limited service leads to fresh ideas

**2nd Lt. Katrina Cheesman**  
**52nd Fighter Wing Public Affairs**

The 52nd Force Support Squadron Sustainment Flight is taking a fresh look at how to serve Airmen at the Mosel Dining Facility after low manning resulted in limited service, including a closed sandwich bar and longer wait time.

Currently, the sustainment flight is functioning ...

Read the entire article at <http://www.spangdahlem.af.mil/news/story.asp?id=123352130>.



U.S. Air Force 1st Lt. Jessica McAllister, 606th Air Control Squadron, donates her time at the Mosel Dining Facility to keep the sandwich bar open for airmen. The 52nd Force Support Squadron Sustainment Flight is offering training for volunteers after low manning resulted in limited service. (U.S. Air Force photo by Staff Sgt. Nathanael Callon/Released)

## AFN decoder setting tweaks required

**George A. Smith**  
**American Forces Network Europe**

The American Forces Network Europe is eliminating one of its two satellite transponders in order to reduce redundant capability and decrease overall operating cost. This will require decoder owners to make minor changes June 4-24 to ensure they continue to receive AFN.

"This change is necessary to align budget constrained operations and continue to provide quality AFN service," said AFN Europe Commander LTC Sherri Reed. "But we're doing all we can to help. Starting June 4, use our App to view easy-to-understand instructions at [www.afneurope.net](http://www.afneurope.net), as well as all of the channel changes. You can also get help by calling our network operation center 24/7 at DSN (314)-634-8228 or +39-0444718228."

All AFN Europe decoder owners, including U.S. consulates and embas-

sies in Europe, must change decoder frequency and net ID settings June 4-24 or they will be unable to receive AFN satellite radio and TV channels.

Viewers who get their AFN TV service via on-base cable from a provider such as Germany's TKS do not have to do anything. Contractors will be making the necessary changes.

The changes will result in a realignment of some satellite radio and TV channels. Decoder owners will notice more changes than viewers who get their AFN from on-base cable. Twelve redundant AFN|prime Atlantic channels and AFN|prime Freedom will no longer be available. These decoder channels offered the same TV shows but with local community messages targeted toward specific military installations.

The AFN Europe audience will still get local community messages on radio, [www.afneurope.net](http://www.afneurope.net) ...

Read the entire article at <http://www.spangdahlem.af.mil/news/story.asp?id=123351969>.

## Humanitarian aid: Spangdahlem women have Hearts for Elim

**Master Sgt. Kevin Nichols**  
**52nd Fighter Wing**  
**Public Affairs**

In the early morning of May 17, 2013, a group of 22 women, known collectively as Hearts for Elim lined up in front of a chartered bus in Kaiserslautern, Germany, to create a human conveyor belt loading 320 bags of donated clothing and shoes, and 50 boxes of donated medical supplies.

Their destination was the Elim Christian Center in Lwówek Śląski, Poland, to reach out and extend love and hope to the people in the nearby communities. Founded in 1992, the Elim Christian Center has served the people of Lwówek Śląski by feeding, clothing, educating and ministering to people in 30 surrounding villages.

"This medical mission trip has been happening for eight years, but it used to be specific to a church in Ramstein," Joy Allenbaugh explained, who joined the trip last year from Spangdahlem and took over the lead role this year after the previous leader moved. "Last year, the trip became independent, and 'Hearts for

Elim' was born, giving this year's trip the scope and breadth of involvement from three different areas."

The Hearts for Elim group, made up of women from the Spangdahlem, Ramstein and Schweinfurt base communities, collected donations, sorted items and provided medical supplies to those in need as well as donated their time and encouragement. The women on this trip came from all walks of life, including active-duty members, civilians, teachers and military spouses who traveled for nine hours by the same bus they packed to the ceiling with the bags of donated items, and spent the next three days in service to the people of this region.

"At the end of the day, if we could make a difference to just one person, the drive and effort getting down there with all the supplies was well worth it," said Dr. Tricia Bogaard said, who made the trip from Spangdahlem and served as the optometrist on this mission, which included checking eyes and handing out donated prescription glasses to 178 patients in two days.

Once they arrived at the Elim Christian Center, the bus was un-



(From left) Carolyn Fuss from Ramstein Air Base, Germany, Cathy Woller and Donna Kelley from Spangdahlem Air Base, Germany, and Jessica Mueth from Ramstein Air Base, Germany, lay a brick border as part of the Hearts for Elim medical missions trip that provided medical help as well as extended love and hope to the Elim Christian Center in Lwówek Śląski, Poland. The landscaping team cleared the area, planted trees and flowers, laid the ground covering, cemented in the border and added rock to beautify the yard areas around the Betel Church in town. Money that was donated went toward the purchase of all the supplies and materials. (U.S. Air Force courtesy photo/Released)

loaded and the group divided into four teams, each having a different mission. Colene Bradley, a medical coder on the trip, and Lt. Col. Nicole Ballinger, a medical provider with the 52nd Medical Operations Squadron, worked to set up a temporary health

clinic at the staging area with four other women.

"It was amazing to see how well everyone got along ...

Read the entire article at <http://www.spangdahlem.af.mil/news/story.asp?id=123351931>.



# What's happening?

## events in the Saber community

### **Berlin Overnight**

A trip to Berlin takes place June 14-16. The cost is 188 Euro per adult if sharing a room, 178 Euro per child ages 6-16, 130 Euro for ages 3-5 and 235 Euro for a single room. The price includes a trip to the Sachsen concentration camp. The bus leaves Spangdahlem at 11:30 p.m. For more information, call DSN 452-6567 or 06565-61-6567.

### **Reims express**

A trip to Reims, France, takes place June 15. The cost is 60 Euro per adult and includes a Champagne tour. The bus departs Spangdahlem at 6 a.m. This tour is not recommended for children. Passports are required. For more information, call DSN 452-6567 or 06565-61-6567.

### **Cochem Castle Family Tour**

A family tour and meal takes place at Cochem Castle June 16. The cost is 46 Euro per adult and 40 Euro per child ages 3-12. The bus departs from Spangdahlem at 1 p.m. For more information, call DSN 452-6567 or 06565-61-6567.

### **Father's Day Brunch**

A Father's Day Brunch takes place 10:30 a.m. - 1:30 p.m., June 16 at the Club Eifel. The cost is \$17.95 for adults, \$7.95 for children ages 5-12 and free for children younger than 5. Brunch is by reservation only. For more information, call DSN 452-4639 or 06565-61-4639.

### **Father's Day Bowling**

Fathers can bowl for free 8 a.m. - 4

p.m., June 16 at the Eifel Lanes Bowling Center. For more information, call DSN 452-4639 or 06565-61-4639.

### **Free Father's Day Breakfast**

All dads are invited to a free breakfast June 16 at the Eifel Mountain Golf Course. The event lasts all day and is free to all fathers. For more information, call DSN 452-4639 or 06565-61-4639.

### **Austrian Hut to Hut**

A hike in Austria takes place June 20-23. The cost is \$650 per person and includes three overnights in a mountain hut, breakfast and dinner, safety gear, and a guide. Participants should have good hiking clothes, boots, a backpack and be in good physical condition without fear of heights. This hike is 18 and older, and reservations must be made by May 13. Passports are required. For more information, call DSN 452-7170 or 06565-61-7170.

### **London Express**

An express trip to London and city tour takes place June 21-22. The cost is 125 Euro per adult and 115 Euro per child ages 3-12. The bus departs Spangdahlem at 10:30 p.m. Passports are required. For more information, call DSN 452-6567 or 06565-61-6567.

### **Heart link Spouse Orientation**

A class for Air Force spouse's takes place 8:30 a.m. - 2 p.m., June 21 at the airman and family readiness center. The class is designed to strength-

en the link between Air Force spouses and the military environment as well as inform them of the support available in the Air Force community. For more information, call DSN 452-6422 or 06565-61-6422

### **Cochem Castle Medieval Dinner**

A medieval dinner and tour takes place at the Cochem castle June 22. The cost is 68 Euro per adult and 50 Euro for children 12-17. The tour is not recommended for younger children. The bus departs Spangdahlem at 3 p.m. For more information, call DSN 452-6567 or 06565-61-6567.

### **Rothenburg**

A trip to Rothenburg, Germany, takes place June 22 and includes a Night-watchman tour. The cost is 59 Euro per adult and 52 Euro for children ages 3-12. The bus departs Spangdahlem at 9:30 a.m. For more information, call DSN 452-6567 or 06565-61-6567.

### **Zell Wine Fest**

The Zell Wine fest takes place June 29. The cost is 30 Euro per adult and 25 Euro for children 12 and younger. There is no early booking discount for this trip. The bus departs Spangdahlem at 4 p.m. For more information, call DSN 452-6567 or 06565-61-6567.

### **Brugge Express**

An express trip to Brugge, Belgium, takes place June 29. The cost is 59 Euro per adult and 52 Euro for children ages 3-12. The bus departs Spangdahlem at 4:30 a.m. For more information, call DSN 452-6567 or 06565-61-6567.

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