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SPANGDAHLEM AB

NEWSLETTER OF THE 52ND FIGHTER WING

APRIL 12, 2013

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SPANGDAHLEM FOCUSES ON BUILDING PARTNERSHIPS

U.S. Air Force Senior Master Sgt. Allan Turk, 52nd Operations Support Squadron tower chief controller from Zanesville, Ohio, briefs German Bundeswehr and Deutsche Flug Sicherung members about an air traffic control simulator as part of a Spangdahlem Air Base tour April 3, 2013. During their visit, German military toured the 606th Air Control Squadron and mobility ramp and viewed an explosive ordnance disposal remote control military robot demonstration. This tour was designed to enhance relationships between the two nations and serve as a catalyst for future partnerships. (U.S. Air Force photo by Airman 1st Class Gustavo Castillo/Released)

Toastmasters foster leadership

Staff Sgt. Daryl Knee
52nd Fighter Wing Public Affairs

The Spangdahlem chapter of the Toastmasters International organization is open to anyone interested in joining.

The Saber Toastmasters is a public-speaking forum that promotes all facets of communication and leadership.

"This is a place where leaders are made," said Tech. Sgt. Justin Valiente, Saber Toastmaster vice president from Phoenix. "We take an active role in the deliberate development of the members of the organization. You can be a part of the organization at so many levels, be it member, visitor or leader, and each provides different levels of responsibility to challenge the person to grow."

The way it works is that scheduled speakers are

given a topic and timeframe. Sometimes, they have time to prepare while other times their speeches are impromptu. There is no instructor; instead, members evaluate one another's presentations. This feedback process is designed to make the speakers better at their presentations.

The intent of the group is to encourage the development of presentation skills and leadership abilities in the Eifel community, said Tech. Sgt. Idris Royal, Saber Toastmaster president Memphis, Tenn. It does so by promoting self-improvement progress checks, which aid in instilling confidence to excel and succeed in all aspects of communication.

"You don't just sit around and talk," Royal said. "Everyone has a goal to improve ...

Read the entire article at <http://www.spangdahlem.af.mil/news/story.asp?id=123343811>.



SUPER SABER PERFORMER

U.S. Air Force Airman 1st Class Shelby Richardson, 52nd Medical Operation Squadron medical technician, is the Super Saber Performer for the week of April 11-17. Read the entire article at <http://www.spangdahlem.af.mil/news/story.asp?id=123343945>. (U.S. Air Force photo by Airman 1st Class Gustavo Castillo/Released)

Explore the Eifel

People can sign up to participate in excursions or find out local travel information at the Explore the Eifel fair from 9 a.m. - 5 p.m., April 19 at Club Eifel.

The fair is also an alternate duty location, meaning Sabers who do not attend the fair must be at work.

The excursions and events are scheduled for May 3-5.

There will be a game quizz at 1 p.m. where visitors can win some prizes.

The first prize is two tickets to the Snowworld indoor skiing track!



The following are some of the events, booths and displays planned for the Explore the Eifel fair April 19.

ADTV Dance School

The ADTV Dance School Bitburg will perform modern and classical dance styles for the whole family, including hip hop, Zumba, Latin-American, Caribbean and waltz. Games and animation dancing is offered on stage at Club Eifel during this year's fair.

Archery for small and tall

Try archery outside Club Eifel. Areas for both children and adults will be set up.

Band entertainment "Dancing at my Disco"

Dancing at my Disco, a young, dynamic band from the Mosel region will perform pop punk music. They invite visitors to "Be part of the dance."



Bee school

Wittlich-County will offer a bee and honey making school.

Bernkastel Christmas boat with Santa

Santa will show off his special Christmas Boat. Visitors can walk into the boat and get their photo taken with Santa.

Billen farm

People can learn about modern farming at the Kaschenban Ranch. Arno Billen will be at the fair to offer tours.

Calmont wine slope mountain hike

The Mosel community Ediger-Eller will offer a hike of the Calmont wine mountain and steepest slope in the Mosel region. This excursion is for trained hikers.

Candy making

Bonbon Willie, the "Candy Man" from Bernkastel, will invite people on tours of his traditional candy making factory. Willie will show how he produces candy on old-fashioned equipment. A candy tasting will be offered.

Cultural Society of Bithurg

The Cultural Society of Bitburg will offer information on cultural events, tours, concerts, readings, and educational trips.

Diekirch National Museum of Military History

The founder and curator the Diekirch National Museum of Military History will be available at the fair to talk about the museum and welcome base members on guided tours.

Entertainment displays

The Culture Boulevard ArsKrippana, Ars Figura and Ars Technica and the old smuggler's cafe of the Belgium border will show off a nativity scene and provide information on the entire entertainment park, known as Culture Boulevard. Krippana offers more than 100 nativity scenes at a museum there. It also has the largest train collection of Europe.

European champion model builders

Professional model builders will show off several A-10 and F-16 model aircraft, which they built. Other models include boats and vehicles. A total of 30 models can be seen. Techniques will be taught, and workshops and membership offered.

Fly fishing in Luxembourg

Marco Haas is an expert fly fisher. He will share information on how to fish, where to go and where to find equipment for this sport.

Grazier Fashion Design Studio Wittlich

Fashion designer Sabine Kefer and her team will show off latest fashion and offer sewing and patchwork classes and products.

Happy Land Bitburg

Representatives from Happy Land will be available at the fair to talk about the Bitburg's indoor

THE ONSTAGE ENTERTAINMENT WILL INCLUDE:

ADTV Bitburg Dance School

Hip hop dances for children and adults

Bitburg Haus der Jugend,
youth club break dances

Speicher City musicians playing historical instruments and dressed in traditional Eifel garb

Dancing to my Disco band

Explore the Eifel

playground, which offers the longest battery car track in the area, a long list of different playground houses, toys, games, children's entertainment and more. Cotton candy will be offered to children. Free entry tickets will be given out.

Himmerod walk

The German Host Nation Council invites base members on a scenic hike through the forest from Spangdahlem to Himmerod. In Himmerod, participants can see a Cistercian monastery built in the 11th century. Himmerod Abbey was destroyed by European conflicts and then reconstructed in 1957. The abbey has several concerts from spring to fall, art exhibitions and a handicraft market in fall. There is a sales store within the grounds, featuring religious books and items. The distance from Spangdahlem is about 15 minutes driving time. The walk through the beautiful forested area takes about 1.5 hours, including a free lunch and refreshment breaks.

Hot air balloon, tandem and parachute displays

Local balloon pilots, tandem and parachute instructors will be available at the fair. People can climb into a hot air balloon basket and try on equipment that they may need to conduct any of the air balloon ac-

tivities. People can ask questions or sign up for events.

Local travel agency information

Two local travel agencies from the Bitburg area will be on hand at the fair to provide travel tips and tour information as well as answer questions.

Luxembourg city tours

The Luxembourg tourist office will offer city tours at reduced price for Explore the Eifel visitors, base members and their families. Representatives will provide information on the city and what people can undertake there.

Medieval handicraft market

The city of Berncastel will set up a medieval handicraft market outside Club Eifel, where medieval and Roman culture and traditions will be demonstrated. Among the displays will be traditional outfits and Roman handicrafts, to include cooking, jewelry making and more.

Nature Center Teufelsschlucht

Staff members from the Nature Park Center Teufelsschlucht, or Devil's Gorge, near Irrel will offer a guided tour through the Luxembourg Swiss area past gorges and through valleys.

Niederkail walk through Kail-



bach valley

The mayor of Niederkail will offer a stroller friendly tour for base members and their families through the Kailbach valley. Marita Illigen will be present at the fair.

Perle Word War II findings museum

The 385th Bomb Group will be represented talking about and offering tours of this unique museum that shows military items and aircraft parts from World War II. This is the only military aircraft museum in Luxembourg.

Personal fitness training

Jen Cherry, a personal fitness trainer with the base fitness center, will provide information on fitness, nutrition and weight-loss programs.

Pony rides for children

Children may enjoy pony rides outside Club Eifel, offered by the Freiwald horse stable in Spangdahlem.

Sayn-Koblenz Castle and Butterfly park

Officials from the Sayn Castle will offer information on English tours and provide background on the castle and Butterfly park. The distance

from Spangdahlem to Sayn castle is about one hour.

Speicher City musicians

Three musicians from the city of Speicher will play music on historical instruments, to include an old-fashioned barrel organ, dressed in ancient Eifel robe.

Street Dance performances

Enjoy seeing the RockZdanzeinstructions Street Dance formation performing dances on stage.

Read the entire list at <http://www.spangdahlem.af.mil/news/story.asp?id=123343948>.



What's happening?

events in the Saber community

Was ist los?

Bitburg Bierfest

A beer festival takes place April 6-27 in Bitburg.

25th Techno Classica Essen

A world car show takes place from April 10-14 at Messe Essen, Norbertstr. 2, D-45131 Essen. The event will showcase vintage, classic and prestige automobiles, motorsport, motorcycles, spare parts, restoration and a World Club Meeting. Check ticket prices online at http://www.siha.de/tce_uk.php?m=1&ms=1.

Art show

An art exhibition with the theme "People Meeting" is now through May 31, 2013, at the area administration's city hall in Manderscheid. Most art is done in either oil or acrylic color.

School science fair

A fourth-grade science fair takes place 5:30-7:30 p.m., April 17 in the Spangdahlem Elementary School cafeteria.



360 Fit Boot Camp

The 360 Fit Boot Camp classes take place 6 a.m., 9 a.m., 4 p.m. and 5:15 p.m., from April 15 - May 10. The cost is \$135 per person. Sign up at the fitness center. For more information, email Spangdahmen360Fit@google-mail.com.

Serious Weight Loss Clinic

Women who would like to lose 30 pounds or more are welcome to join these classes 10:30 a.m. every Monday, Wednesday and Friday, April 15 - May 3. The cost is \$150 per person and includes 40 healthy recipes, nutrition guide, weekly accountability sessions, motivation, 10 small group workouts, and more. Sign up takes place March 25-April 15. For more information, email coachjencherry@gmail.com.

Crochet class

A crochet class takes place 6-8:30 p.m., April 17 in the classroom above the auto hobby shop. The cost is \$20 per person. Sign up two days in advance. For more information, call DSN 452-6841 or 06565-61-6841.

Give Parents a Break day

Give Parents a Break, a child care service, takes place 6:30 - 11:30 p.m., April 19. The program is sponsored by the Air Force Aid Society. The service is free if the parents have a recommendation from a squadron commander, first sergeant, chaplain, family advocacy or the airman and family readiness center. The cost for those without the recommendation is \$30 per child. People

must sign up by the Friday of the week before the event. To register, call DSN 452-5320 for children 6 weeks-5 years old, or DSN- 452-7545 for 5-12 years. For more information, call DSN- 452-6422 or 06565-61-6422.

Keukenhof Flower Parade

A trip to Keukenhof, Holland, for the flower parade takes place April 20. The price is 74 Euros per person and 67 Euros per child. The bus departs Spangdahlem at 3:30 a.m. For more information, call DSN 452-6567 or 06565-61-6567.

Medieval dinner

A tour and dinner at Cochem Castle takes place April 20. The cost is 68 Euros per person and 50 Euros per child ages 12-17. The bus departs Spangdahlem at 3 p.m. the tour is not recommended for younger children. For more information, call DSN 452-6567 or 06565-61-6567.

Cologne Zoo, Aquarium

A trip to the Cologne Zoo and Aquarium takes place April 20. The cost is 45 Euros per person and 37 Euros per child. The bus departs Spangdahlem at 8 a.m. For more information, call DSN 452-6567 or 06565-61-6567.

Cake decorating class

A cake decorating class takes place 6-8 p.m., April 24 in the classroom above the auto hobby shop. The cost \$30 per person, and sign ups must be made two days in advance. For more information, call DSN 452-6841 or 06565-61-6841.

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