

SABER E-HERALD

SPANGDAHLEM AB

NEWSLETTER OF THE 52ND FIGHTER WING

MAY 4, 2012

Taking Back
Sunday entertain
audience

New housing website
prepares Airmen
for moving

Pilgrims travel to
view 'Holy Robe'

Comedy group preps
to wow crowd



MXG COMMANDER RETIRES AFTER 26 YEARS OF SERVICE

The 52nd Fighter Wing Honor Guard posts the colors during the retirement ceremony of Col. Duane Creamer, 52nd Maintenance Group commander, in Hangar 1 here April 27. Creamer retired after 26 years of service, and more than 200 people attended the ceremony to bid farewell to the colonel. To view more photos, visit <http://www.spangdahlem.af.mil/news/story.asp?id=123300003> (U.S. Air Force photo by Airman 1st Class Dillon Davis/Released)

Have fun in sun, prevent injuries

Senior Airman Natasha Stannard
52nd Fighter Wing Public Affairs

Spring is here bringing not only sunny days and warmer weather, but the opportunity to enjoy outside workouts.

Before people step outside to exercise, the 52nd Fighter Wing Safety Office and 52nd Medical Operations Squadron Physical Therapy Flight recommend they consider following rules of the road and injury prevention tips to include:

- Where mobile music listening devices are authorized
- Where it's safe to run on base
- How to avoid heat injuries
- How to avoid physical injuries

Those who enjoy listening to music with headphones or ear buds on while running, walking, bicycling or skating on base must make sure they do

so only on sidewalks and marked running paths like the track and running trails.

If people want to run on the sidewalk, they have to remove ear buds or headphones every time they cross the street, said Master Sgt. Anthony Blodgett, 52nd FW ground safety manager.

"Once you hit the road, phones or buds must come off," he said.

People may not hear a vehicle behind them if they have earphones in, which is especially dangerous if they are running where vehicles are driving.

Blodgett said the safest places to run on base are the wooded running trail by the military working dog area and the track because they are both away from vehicle roadways.

He also said people should stay well hydrated, wear sunscreen and know their limitations.

Read the entire article at <http://www.spangdahlem.af.mil/news/story.asp?id=123300312>.



SUPER SABER PERFORMER

Staff Sgt. Victor M. Estupinan, 52nd Dental Squadron dental laboratory craftsman, is the Super Saber Performer for the week of May 3 – May 9. To read the entire article, visit <http://www.spangdahlem.af.mil/news/story.asp?id=123300507>. (U.S. Air Force photo by Airman 1st Class Matthew B. Fredericks/Released)

Explore the Eifel

People can sign up to participate in excursions or find out local travel information at the Explore the Eifel fair between 10 a.m. and 4 p.m. May 11 at Club Eifel.

The fair is also an alternate duty location, meaning Sabers who do not attend the fair must be at work. Civilian employees should coordinate with their supervisors for a time to visit the fair.

The excursions and events are scheduled for May 18-20.



The following are some of the events, booths and displays planned for the Explore the Eifel fair May 11.

Animal shows, medieval market

A falcon and owl show, pony rides, a Roman camp, a medieval handicraft market can be found outside. Performances are scheduled between 11 a.m. - 3 p.m.

Belgium tourism offices

Five tourist offices from the East Belgium region will provide information on local tours, culture and traditions in their country.

Cultural Society of Bitburg

The Cultural Society of Bitburg will offer information on cultural events, tours, concerts, readings, educational trips and more to base members.



Diekirch National Museum of Military History

The founder and curator of the Diekirch National Museum of Military History will be available at the fair to talk about the museum and welcome base members on guided tours and events.

Fischbach copper mine

A representative from the Fischbach copper mine, located in the Eifel-Hunsrueck area, will provide information to base members.

German-American Women's Club Bitburg

The German-American Women's Club will be at the fair May 11 to answer questions and provide information on events and membership.

German Fussball

Visitors can try their luck at making a goal through one of two small holes in a wall using a soccer ball May 11 at the fair. German Fussball players will be there to guide and help. Base members can sign up for local Fussball associations.

Gillendorf Vulkanhof goat farm

Representatives from the Gillendorf Vulkanhof goat farm will offer cheese and local village product displays. People have a chance to adopt a goat and win prizes.

Happy Land Bitburg

Representatives from Happy Land will be available at the fair to talk about the Bitburg's indoor playground, which offers the longest battery car track in the area, a long list of different playground houses, toys, games, children's entertainment and more.

Hot air balloon, tandem and parachute display

Local balloon pilots, tandem and parachute instructors will be available at the fair. People can climb into a hot air balloon basket and try on equipment that they may need to conduct any of the air balloon activities. People can ask questions or sign up for events.

Local leisure parks, falcon shows

Park animals will be at the fair, and a falcon show is planned. Both Eifelpark Gondorf and the Kasselburg Eagle and Wolves park will be represented at the park with their mascots, information and free or reduced entry tickets to their parks for base members and their families.

Local travel agency information

Two local travel agencies will be on hand at the fair to offer tour information and answer questions.

Medieval handicraft market

The city of Berncastel will set up a medieval handicraft market outside Club Eifel, where medieval and Roman culture and traditions will be demonstrated. Among the displays will be traditional outfits and Roman handicrafts, to include cooking, jewelry making and more.

Mosel wine queen

Meet the Berncastel-Wehlen wine queen and get your photo taken with her. Also, representatives from five different wine communities will be present at the fair to offer wine samplings.

For more Explore the Eifel May 11 events, visit <http://www.spangdahlem.af.mil/news/story.asp?id=123300323>.



Explore the Eifel



The following are some events planned for the Explore the Eifel excursion days May 18-20.

Bicycle tour of Mosel-Crater biking trail

A local bicycling guide will offer a bike ride to base members on the Mosel-Crater biking trail. This cycling path is known as Mosel-Maare and is about 60 kilometers long. The path leads to the Mosel communities of Lieser and Bernkastel on one side and through the volcanic Eifel area, to Daun, on the other side.

Burg Eltz castle visit

Officials from the Burg Eltz castle will offer information for English tours and provide background on the castle and surrounding areas. Burg Eltz, near Cochem, is located in a valley between the towns of Koblenz and Cochem. It is built on a hill and is surrounded by trees. The castle can only be viewed via one-hour tours. The distance from Spangdahlem to Eltz Castle is about 95 kilometers. For more information about this castle, visit <http://www.burg.eltz.de>.

Cochem Castle tours, dinners and cruises

Cochem tourism officials will be at the fair to provide information about Cochem's castle, a highlight attraction in the Eifel. Cochem is known for its narrow and winding streets; restored half-timbered houses with typical slate roofs; and historic gates,

churches and walls. Cochem is also a starting place to cruise the Mosel River, which offers a view of the castle. The town has the only wave pool on the Mosel.

Himmerod walk

The German Host Nation Council and the mayor of Spangdahlem invite base members on a scenic hike through the forest from Spangdahlem to Himmerod. In Himmerod, participants can see a Cistercian monastery built in the 11th century. Himmerod Abbey was destroyed by European conflicts and then reconstructed in 1957. The abbey has about six concerts from spring through fall and an art market in fall. There is a sales store within the grounds, featuring religious articles, German books and paintings. The distance from Spangdahlem is about 15 minutes. The walk through the forest takes about an hour and a half with stops.

Mountain bike race through Kailbach valley

Three bicyclers from Niederkail will offer a mountain bike race through the Kailbach valley. The exact date and time have yet to be determined, but more information will be available at the fair.

Nature Center Teufelsschlucht

Staff members from the Nature Park Center Teufelsschlucht, or Devil's Gorge, near Irrel will offer a guided tour through the Luxembourg Swiss area past gorges and through valleys.

Niederkail walk, museum visit and barbecue

The Niederkail community will offer a family and stroller-friendly walk through the Kailbach valley with a stop at a small museum where an Eifel poet used to live with his family. The event will end with a barbecue.

Walking clubs, Volksmarching

Several walking clubs, to include the IVV International Volksmarching club of Germany will be available at the fair, offering information on upcoming walks and IVV volksmarches. Guided walks will be offered May 19-20.



The following are local areas in the Eifel region that offer adventures throughout the year.

Bad Bertrich

Enjoy a thermal spa or full body massage in Bad Bertrich. The cost is 8 Euros for two hours of thermal bathing. It's about 45 minutes from the base. For more information, call 02674-932100.

Beaufort

See the ruins of a 12th century Renaissance castle and a neo-gothic church. The castle is open daily from 9 a.m. - 6 p.m. March 25 through October 25.

Bastogne

Visit the town square and see a tank with ammunition holes in the side. The town is a museum or monument dedicated to the defenders of Bastogne during the Battle of the Bulge. It's about two hours from the base. For more information, call 0032-6221-241.

Hermeskeil Air Museum

The Hermeskeil Air Museum is considered the largest private aviation museum in Europe, and it includes a collection of more than 100 planes and helicopters, as well as about 60 aircraft engines and propellers from around the world. An exhibition of the history of aviation and technology are located in four halls and outdoors. The distance from the base is about 65 kilometers. For more information, call 06503-7693 or visit <http://www.flugausstellung.de>.

Manderscheid candlemakers

A candle-making business can still be found in Manderscheid. Both traditional and modern candles are manufactured here. A tour of the workshop is possible. The distance from the base is about 20 kilometers.

For more Explore the Eifel year-round adventures, visit <http://www.spangdahlem.af.mil/news/story.asp?id=123300323>.

What's happening?

Was ist los?

Organized bicycling excursion

Bicycle excursions take place May 5 and 12 on the Ruwer-Hochwald bicycling trail. This trail is about 50 kilometers long and connects the Hunsrueck with the Moseltal valley. A bicycling bus will leave from the Konz Rathaus, or city hall, at 9 a.m. the day of the event to take people to the start off point. The cost is 15 Euros per person including transportation of participants and their bikes. For more information, call the Konz tourist information office at 06501-60-18040.

Guided walk

A guided walking tour along the Kastel Felsen rocks trail is available between 1:30 and 5 p.m. May 9, 17 and 28 as well as June 7. Tickets cost 3 Euros for adults and are free for children. Sign-ups are required with the Saarburg tourist office. To sign up or for more information, call the Saar-Obermosel-Tourist Office at 06581-99-5980.

Traffic-free bicycling event

Nimms Rad, a free traffic-free bicycling event, takes place May 28 between the communities of Rommersbach and Rittersdorf. The ride is 26 kilometers. For more information, visit <http://www.nimms-rad.de>.

Happy Mosel bicycle tour

Happy Mosel, a free 120 kilometer traffic-free bicycling event, takes place June 3. For more information, visit <http://www.happy-mosel.de>.

Suedeifel bicycle tour

Suedeifel Tour, a free 25 kilometer bicycle tour, takes place June 17 between the communities of Arzfeld, Neuerburg and Erzen. For more information, visit <http://www.suedeifeltour.de>.

Ehlenz volksmarch

Ehlenz will host a volksmarch between 6 a.m. and 2 p.m. June 24 starting at the Ehlenz Gemeindehaus or community hall. Walking distances are 5, 10 and 20 kilometers and the cost is 1.50 Euros. For more information, visit <http://www.wanderverein-seffern.de>.

Bitburg Folk Festival

The annual Bitburg Folk Festival takes place July 6 - 9 this year. About 13 bands and dance groups from 30 different countries will show off their traditional costumes and products and perform their traditional dances at the three-day event. Among the highlights is a parade through the city's streets.

Bitburg High School musical

The Bitburg High School Drama Club presents Stephen Sondheim's musical, "Into the Woods Junior," 7 - 9:30 p.m. May 11 and 12. The musical combines the stories of Cinderella, Jack and the Beanstalk, Little Red Riding Hood and Rapunzel. Ticket prices are \$5 for children and students and \$7 for adults. Tickets can be purchased at the door for both performances. For more information, call DSN 452-9202 or 06565-61-9202.



Tip of the week

At 2,000 years old, Trier, the former Western Roman Empire, is Germany's oldest city. It is also a university city and home of Karl Marx.

Countdown

7 days

until the Explore the Eifel Fair at Club Eifel.

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