Super Saber Performer

Staff Sgt. Sung Yoon Hwang, 52nd Medical Operations Squadron pediatric medical technician, is the Super Saber Performer for the week of April 5 – 11. To read the entire article, visit http://www.spangdahlem.af.mil/news/story.asp?id=123296672. (U.S. Air Force photo by Airman 1st Class Dillon Davis/Released).

Tips, guide to maneuver peak PCS season

Spring Bazaar brings forth shopping season

Air Force ends pilot travel card program

New Airmen keep Spangdahlem AB tidy

Airmen assigned to Spangdahlem Air Base search a sidewalk for trash and debris during their morning Eifel Pride trash route near Arnold Boulevard here April 3. Eifel Pride is a mandatory two-week program for first-term Airmen stationed here immediately following initial technical training school. The program helps Airmen become oriented to the base, allows them to finish their in-processing and aids in the ongoing 52nd Fighter Wing goal of becoming United States Air Forces in Europe’s most environmentally-friendly wing. (U.S. Air Force photo by Airman 1st Class Dillon Davis/Released)

Assessment garners snapshot of base’s health

A base-level environmental and safety audit takes place here April 16-20. The Environmental, Safety and Occupational Health Compliance Assessment Management Program is an assessment of a base’s policies, directives and successes in managing issues that could adversely affect the environment or the health and safety of its people.

The entire process includes three tiers. The first tier determines if an installation is abiding by local and Air Force regulations in regards to environment and occupation safety. The second tier is a base self-inspection held once per year. The third tier is the actual four-day ESOHCAMP.

“The main point of the assessment is to make sure we’re being good stewards of the environment and taking care of our people,” said Col. (Dr.) Blake Edinger, 52nd Dental Squadron commander and ESOHCAMP self-inspection team chairman.

“This is more than your average assessment — it’s about us doing the right thing to protect our resources.”

The ESOHCAMP is not an inspection; rather, it’s a way for the inspectors to garner a snapshot of the base’s overall health, said Doris Sims, 52nd Civil Engineer Squadron ESOHCAMP coordinator. During the assessment, 15 inspectors from U.S. Air Forces in Europe will review Spangdahlem’s 13 environmental and nine occupational programs. These programs affect all base members.

“It could be the shop or program manager’s primary duty, but it really is down to everyone’s effort,” she said.

For example, one of the assessment areas is the trash and recycle bins, she continued. The lids of the dumpsters should remain closed at all times. The program managers normally ensure this happens, but it only takes one person throwing away trash to lapse in their environmental duties.

Floyd Winbush, left, 52nd Force Support Squadron Auto Hobby Shop mechanic, and Tech. Sgt. Lewis Isassi, 52nd Civil Engineer Squadron contract office representative, sort through plastic foam and plastic at the recycling center here April 2 before the materials can be placed in their respective recycling bins. Materials must be sorted into separate bins so they don't contaminate one another during the recycling process. The recycling center gives base members a solution for unwanted reusable wastes ranging from paper to half-full aerosol cans. The center is open 11 a.m. – 5 p.m. Monday, Tuesday and Friday; 9 a.m. – 6 p.m. Thursday; and 9 a.m. – 4 p.m. Saturday. (U.S. Air Force photos by Airman 1st Class Dillon Davis/Released)

Horst Thiel, left, 52nd Civil Engineer Squadron Recycling Center manager, cuts the power cord from a coffee maker while Peter Rhodes, Air Force Inn custodial worker, holds the appliance at the recycling center here April 2. Power cords are recycled separately from electronic items because the cords are recycled only for the metal they contain.

Horst Thiel, 52nd Civil Engineer Squadron Recycling Center manager, sweeps dirt and garbage into a pile at the recycling center here April 2. Thiel sweeps the areas surrounding the recycling bins to keep walkways free of hazardous debris and present a clean appearance.
New process allows speedy medical appointments 'on track'

Senior Airman Natasha Stannard
52nd Fighter Wing Public Affairs

Spangdahlem Air Base made a process change for making medical appointments during the Air Force fitness assessment in February as an effort to provide quick and responsive care to Airmen.

This change allows Airmen who suffer an illness or injury during as assessment to stop immediately and request a medical evaluation to invalidate the FA.

“If a member stops in the middle of the test due to illness or injury, the [fitness assessment cell] will hold the test for five days before entering the score into the Air Force Fitness Management System,” said Maj. Jared Dahle, 52nd Medical Group executive officer. “This [process] is to allow the member time to see a medical provider and diagnose the cause of their illness or injury.”

Upon medical review, and if the unit commander approves the invalidation of the test, the tester must retake all components of the test that a medical provider clears within the five days or when capable based on the recommendations of the medical provider.

The medical provider will fill out an Air Force Form 469, Duty Limiting Conditioning Report, for the tester to present to the unit commander if the provider recommends the member is not able to take the test in five days.

The process Airmen will go through to make an appointment is to notify the test administrator at the FAC who will then give them a card to call the 52nd Medical Group from the FAC to make a same-day or an early next-day appointment.

This speedy appointment process will help ensure Airmen see a doctor so they can be treated in time to retest, he said.

“[If a member chooses not to see a medical provider or procrastinates and doesn’t see the provider within the designated time limit, their test will be entered, and they will receive an] ‘Unsatisfactory’ score,” Dahle said.

The overall objective of this process is to get Airmen the care they need in a timely manner.

“It makes it easier, so if something does happen, Airmen can reach the resources they need and get the diagnosis they need before it negatively impacts their career,” he said.

For additional fitness program information, visit http://www.afpc.af.mil/affitnessprogram/affitnessfaq.


At A Glance

If you injure yourself or become ill during an Air Force fitness assessment, stop immediately. Tell the fitness assessment cell staff members, and they will allow you to call the 52nd Medical Group to make a same-day or next-day appointment. If the injury is validated, the FAC will scrap your assessment scores. If you are deemed fit to test, you must reaccomplish the assessment within five days, or the incomplete score will be recorded.

EMS ammo team wins Iron Flight competition

Staff Sgt. Timmy Edge, left, 52nd Equipment Maintenance Squadron, and Tech. Sgt. Jason Quadros, 52nd Component Maintenance Squadron, long jump during a relay for the Iron Flight Competition at the track here March 28. The quarterly competition is an incentive program intended to build camaraderie and test the mental and physical endurance of the participating squadron members. Four teams participated in the six-person team competition that consisted of three different events. The 52nd EMS ammo team won the competition after a three-way tie-breaker rope-climbing event against the 52nd Civil Engineer Squadron and CMS. (U.S. Air Force photo by Airman 1st Class Matthew B. Fredericks/Released)
What’s happening?

OHA survey
The overseas housing allowance survey is now available until April 30 at https://www.defensetravel.dod.mil/site/aprutil.cfm for service members stationed in Germany who reside in private, off-base housing. The OHA survey is used to measure utility, recurring maintenance, and move-in expenses incurred by service members.

Easter Family-Fun Night
Reserve a spot at Easter Family-Fun Night until April 6. This free event is from 5:30 - 7:30 p.m. April 11 and is for Club Eifel members only. For more information, call DSN 452-4633 or 06565-61-4633.

Basic bike maintenance
Outdoor recreation will host bicycle maintenance classes 5 - 6 p.m. April 6 and 20 at ODR. The classes go over how to change a tube, repair tires and basic bicycle upkeep. The cost is $10 per person. For more information, call DSN 452-7170 or 06565-61-7170.

Month of the Military Child
The Month of the Military Child is April, and there are several events planned. An Easter egg hunt takes place 8:30 - 9:30 a.m. April 7 at the Skelton Memorial Fitness Center. The timeframe for children ages 4-8 and 9-13 is 8:30 - 8:55 and infants to 3 year olds is 9:05 - 9:30. A kick-off block party takes place 9 a.m. - 2 p.m. April 7 at the Skelton Memorial Fitness Center. A bumper bowling event takes place 6 - 8 p.m. April 9 at the Eifel Lanes Bowling Center. A Bingo game takes place 6 - 8 p.m. April 11 at the Brick House. An art auction and spaghetti dinner takes place 6 - 8 p.m. April 17 at the Spangdahlem Middle School gym for $3 per person. A movie showing takes place 6:30 p.m. April 20 at the bowling center pavilion. A spring fling picnic takes place 5:30 - 7:30 p.m. April 27 at the bowling center pavilion. For more information, call DSN 452-6422 or 06565-61-6422.

Youth Spring Break trips
The youth programs office sponsors five Spring Break trips in April. An ice-skating trip takes place 9 a.m. - 1 p.m. April 9 for $20. A Cascades swimming trip takes place 9 a.m. - 3 p.m. April 10 for $25. A trip to Luxembourg castles takes place 9 a.m. - 4 p.m. April 11 for $30. An Eifel Zoo trip takes place 9 a.m. - 4 p.m. April 12 for $30. A Ramstein Air Base mall trip takes place 9 a.m. - 4 p.m. April 13 for $30. Participants should bring Euro for food and shopping. For more information, call DSN 452-9206 or 06565-61-9206.

Softball tournament
The 52nd Maintenance Operations Squadron booster club will host a pre-season softball tournament April 14 - 15 at Spangdahlem Air Base. The entry fee is $125 for men’s and women’s teams. There will be a home run derby, concessions, and awards for first and second place, most valuable player, and gold glove. For more information or to sign up, call Staff Sgt. Zachary Neithamer at DSN 452-6566 or 06565-61-6566 or Master Sgt. Chris Deal at DSN 452-2198 or 06565-61-2198.

University of Phoenix master’s program
The University of Phoenix is offering a face-to-face Master’s of Business Administration program. New face-to-face groups start up every six weeks, beginning with Management 521, the introduction MBA course, and a prerequisite for all other classes. There are 12 total courses, and each course lasts six weeks. Classes meet one night a week from 5:30 - 9:30 p.m. starting April 16. The application process takes about two weeks, so interested students should apply early. For more information, call DeAnne Anderson at DSN 452-7556 or 06565-61-7556 or e-mail deanne.anderson@phoenix.edu.

S-Factor talent auditions
Signups take place now until April 6 for a free talent audition 6 - 8 p.m. April 17 and 19 at the Brick House. The final talent show is tentatively scheduled for May 25 at the base theater with the performance times to be determined at a later date. The first-place award is $500; second place is $300; and third place is $200. For more information, call DSN 452-7260 or 06565-61-7260.

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