



DEPARTMENT OF THE AIR FORCE  
52D FIGHTER WING (USAF)

13 March 2020

MEMORANDUM FOR 52 FW Personnel

FROM: Public Health Emergency Officer (PHEO)

SUBJECT: Social Distancing Status Procedures

References: (a) Office of the Under Secretary of Defense for Personnel and Readiness Memorandum, "Force Health Protection Guidance (Supplement 4) – Department of Defense Guidance for Personnel Traveling During the Novel Coronavirus Outbreak" March 11, 2020

(b) Secretary of Defense Memorandum, "Travel Restrictions for DoD Components in Response to Coronavirus Disease 2019" March 11, 2020

1. Saber Nation is taking precautions related to the 2019 novel Corona Virus (COVID-19) pandemic. Effective immediately members and dependents of the 52d Fighter Wing who traveled to, through, or from a CDC Level-2 or Level-3 country are recommended to enter social-distancing status with at-home monitoring against illness upon return to Spangdahlem Air Base. Since Germany is a CDC Level-3 destination, social distancing begins on the day of trip departure toward Spangdahlem Air Base and continues for a period of 14 days.

2. Personnel with symptoms of respiratory illness that are directed by their supervisor or our medics to enter social-distancing status are also to follow guidance below.

3. You are asked to remain in this status at home and monitor for symptoms of illness. Symptoms include fever, cough, and/or shortness of breath. Departures from your home are permitted for short required trips for food, household items, medical needs, etc. Following the 14-day window you may return to work if you are without fever and symptoms of respiratory illness. Until then, adhere to the following social distancing procedures:

- **Stay at home** for the 14-day period with exceptions noted above.
- **Remain at least 6 feet away**, and certainly spend no more than 15 minutes within 6 feet, from other individuals, such as roommates, intimate partners, family members, etc., during this time.
- **If you become sick, contact Public Health on a daily basis** (Commercial: 06565-61-8308/DSN: 452-8308) to report symptoms (i.e., fever, cough, and/or shortness of breath).
- **Wash your hands often** with soap and water for at least 20 seconds; especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing. Note: If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol concentration.
- **Cover your cough** or sneeze with a tissue, then throw the tissue in the trash. Cough into your elbow sleeve if needed.
- **Clean and disinfect** frequently touched objects and common surfaces using a regular household cleaning spray or wipe.

- **Refrain** from posting your health status and whereabouts on social media outlets.
4. The most up-to-date information on the COVID-19 outbreak (travel advisories, sanitation, and hygiene info) can be found at <https://www.cdc.gov/coronavirus/2019-nCoV/summary.html> or at <https://www.spangdahlem.af.mil/Coronavirus/>.
  5. Please contact 52 MDG/Public Health if you have any questions or concerns.

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Public Health Emergency Officer