



DEPARTMENT OF THE AIR FORCE
52D MEDICAL GROUP (USAFE)

DISCHARGE INSTRUCTIONS

- You received the 1st dose of Moderna COVID-19 vaccine today: _____.
- Expected side effects to the vaccine include injection site reactions such as pain, tenderness and swelling of the lymph nodes in the same arm of the injection, swelling (hardness) and redness. General side effects include fatigue, headache, fever, muscle pain, joint pain, chills, nausea and vomiting. Not everyone will experience these side effects.
 - If you experience these side effects, you may opt to treat at home with ibuprofen or acetaminophen and may apply a cold pack or ice for a local reaction at the injection site. Symptoms are expected to resolve within a few days.
 - There is a remote chance that this vaccine could cause a severe allergic reaction. A severe allergic reaction would usually occur within a few minutes to one hour after getting a dose of the Moderna COVID-19 vaccine. Signs of a severe allergic reaction can include: difficulty breathing, swelling of your face and throat, a fast heartbeat, a bad rash all over your body, dizziness and weakness.
 - If you experience a severe allergic reaction, please call 911 (on base), 112 (off base) or go to the nearest hospital.
- For any other symptoms, persistent side effects or new concerns, please contact your PCM by calling the clinic directly at 452-8333 or via TOL Secure Messaging. Additionally, the Military Health System Nurse Advice Line can be accessed 24 hours per day, 7 days per week at <https://mhsnurseadvice.com/home> or by calling 0800-071-3516 (Germany), 0800-81933 (Belgium), or DSN 452-8333, option 3.
- **NOTE:** Side effects of this vaccine should be reported. Patients should report vaccine side effects to FDA/CDC Vaccine Adverse Event Reporting System (VAERS) at 1-800-822-7967 or online at <https://vaers.hhs.gov/reportevent.html>. If patients are unable to access VAERS, they may report side effects/adverse reactions through their PCM by contacting the clinic.



Your 2nd dose of Moderna COVID-19 vaccine is due in 28 days: _____.

Please bring in the COVID-19 vaccine record (card) that you received today for your follow up vaccine visit.