

## Dress Right, Dress

### AFI 36-2903, Table 2.2

Wear of a backpack over both shoulders is now authorized. Only a solid-color black backpack is approved with blue uniform combinations and solid black, olive drab or woodland camouflage backpacks with battle dress uniforms. (Courtesy of the Spangdahlem AB First Sergeants Council)



## News Briefs

### Change of command

Col. Stephen P. Mueller, 52nd Fighter Wing commander, relinquishes command of the 52nd FW to Col. Dave L. Goldfein in a ceremony to be held here July 30. Wing members should access battle staff directives on the Spangdahlem AB Intranet for specific details and transportation information. Personal-owned vehicles cannot be parked near the event.

Visit <http://intranet/> for more information.

### Correction

**Glenn Turnbull**, 372nd Training Squadron, Detachment 17, and **Michael Checkley**, 52nd Maintenance Operations Squadron, should have been part of the master sergeant promotions list in the June 25 issue of the Eifel Times.

### LRS squadron picnic

The 52nd Logistics Readiness Squadron will be minimal-manned today starting at noon for the squadron's picnic. For emergencies call Lt. Col. Joe Torres at 0171-301-4460 or Maj. James Neice at 0171-330-3923.

### Training day

The 52nd Medical Group clinics at Spangdahlem AB and the Bitburg Annex will be closed Aug. 5 from 7:30 a.m. to 4:30 p.m. All wing members who require urgent care should go to the Bitburg Annex hospital emergency room.

### Limited bank hours

Community Bank will have limited bank hours Tuesday. The Spangdahlem AB branch will be open from 9 a.m. to 12:30 p.m., and the Bitburg Annex will be open from 10 a.m. to noon. For more information, call Angie Dodge at 452-6127.

### Pass and ID hours

The pass and registration office will be closed Tuesday for wing training and July 30 for end-of-month inventory. For more information, call Airman 1st Class Diana Esposito at 452-6695.

### New squadron commander

Lt. Col. Jeffrey Kromer assumed command of the 52nd Communications Squadron July 8. He and his wife, Karen, arrived at Spangdahlem AB from Offutt Air Force Base, Neb. He replaces Lt. Col. Donald Hinkson, who moved on to Langley Air Force Base, Va.

### Off kilter?

Not really. Kilts, bagpipes, and some very unconventional dishes are all part of the unique culture of Scotland.

Read "Enjoy the sights, sounds of Scotland," on Page 8



# Eifel Times

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Spangdahlem Air Base, Germany

July 23, 2004



Staff Sgt. Thomas Ray, 606th Air Control Squadron satellite and wideband systems assistant crew chief, hooks up power with a 100-amp cable to a TRC-170 wideband tropospheric radio housed at the squadron's new facility. Used in pairs, the radios enable the squadron to communicate without having to dig through mountains, autobahns or buildings to lay cable. Voice communication, air pictures and other data can be linked through the system.

## 606th ACS opens new facility

Story and photos by Senior Airman Amaani Lyle  
52nd Fighter Wing Public Affairs Office

The doors to a streamlined, state-of-the-art facility began to open in April, and now, full operability set-up is complete for one of only two air control squadrons in U.S. Air Forces in Europe.

Mission demands for the 606th Air Control Squadron called for a 20,124 square meter military construction project.

"This project involved taking 19 separate buildings on two installations and consolidating them into the four buildings here," said Master Sgt. Patrick Ross, 606th ACS squadron facility manager.

Initially developed in the 2000 fiscal year, the \$15 million Spangdahlem Air Base-side complex was designed to support the 606th ACS's functions: deployment, life support, air traffic control and friend or foe identification for flying objects.

"The radar is the centerpiece of the squadron and with the different operations modules, we're better able to integrate our systems with other (early warning airborne components), U.S. forces and NATO operations," said Lt. Col. Scott Fischer, 606th ACS commander.

Aptly nicknamed the "Inspectors of the Skies," in reference to satellite, ground radio and data links expertise, the air control squadron's enhanced ability to operate in one space makes an actual deployment and exercise more effective.

"We can work issues in real time now," Colonel Fischer said. "Our squadron depends on technical orders for equipment set-up and maintenance, and now we don't lose man hours to computer downloading time and logistics."

In short, the squadron can spend precious hours mobilizing for the mission instead of moving among spread-out buildings — some as far as Bitburg Annex and Oberweis -- for day-to-day operations and routine maintenance.

Aside from saving time and gas, the facility manager said energy and other valuable resources will be saved by having all elements within reach.

"Instead of having 10 building managers, we may now only need four," Sergeant Ross said. "And instead of taking a truck in need of repair over the B-50 to Bitburg, we can take it right next door here."

By early to mid-August, Colonel Fischer said he plans to move more troops into the buildings to complete the self-contained, four-building complex that comprises supply and equipment, mission support, vehicle maintenance and elec-



It is possible to see the old 606th ACS facility, above, from the squadron's new buildings. Colonel Fischer described the new facility as much safer in terms of paint, infrastructure and bay space for equipment.

tronics. Those four major sections contain more than 25 different career fields.

"We have a cross-section of people -- security forces, medical group, civil engineers and more -- who are dedicated to the squadron and have accompanied us on a number of convoys," Colonel Fischer said.

Mobility and inter-operability have been elements in some of the squadron's recent operational contingencies, including missions to Turkey, Iraq and Africa.

"We've sent air battle managers to South Africa for air traffic control where we conducted POTUS surveillance," the colonel said in reference to a recent mission in support of George W. Bush, President of the United States.

Sergeant Ross said between 100 and 150 people deploy for most of the squadron's missions.

With so many people deploying at any one time -- occasionally to multiple locations -- morale becomes as important a component of mission readiness as equipment or troops. The squadron commander said the camaraderie spikes when everyone can work together and more readily communicate.

"Doing my job is a lot easier when you can tap into anybody and enjoy one-stop shopping," said Staff Sgt. Thomas Ray, 606th ACS satellite and wideband systems assistant crew chief.

"'Tailorable' is the key word for us," Colonel Fischer said. "What's your mission? What do you need? And we'll tell you what to do."

# Overseas voting deadline is Aug. 15

By Airman 1st Class Eydie Sakura  
52nd Fighter Wing Public Affairs Office

All U.S. citizens living overseas can exercise their right to vote now through the overseas deadline of Aug. 15.

To ensure timely mailing, turn around and processing of the voting material, the federal postcard application, or the SF 76 form, and ballot must be mailed prior to the November elections.

"The U.S. Postal Service and Department of Defense want to ensure that all ballots requested have been received and that plenty of time has been given for overseas voters," said Senior Master Sgt. Michael Ruzza, 52nd Communications Squadron, postal superintendent.

"The deadlines are put in place to ensure the votes are counted and that people have the opportunity to exercise their right to vote and have it mean something," said Master Sgt. Jeff Barr, 52nd Fighter Wing Manpower Office, alternate voting installation official.

The tools, forms and personnel are available to help in the voting process, but people need the desire to vote and take action.

"I recommend eligible U.S. voters see their unit voting counselor," said Maj. William McAllister, 52nd Medical Operations Squadron, installation voting assistance officer. "There is still time -- but it is running out."

Team Eifel members cannot vote if they do

Sample of the SF 76 form that must be filled out by Aug. 15 to receive an overseas ballot from voting members home of record.

not have a ballot cast or a SF 76 form filled out.

"This year's slogan says, 'It's your future, vote for it!'," said Sergeant Barr. "Recent elections show how important voting can be, from the president down to local elections."

For more information on voting, check out the 52nd Fighter Wing Intranet and click on "voting assistance." Team Eifel members can get information on voting residency guide-

lines, wing voting point of contacts, the federal post card application and a link to the main voting site, [www.fvap.gov](http://www.fvap.gov), where people can check out main party candidates and state election sites to see who is running.

Voting is not only a right, but a privilege.

"The members we elect to represent us affect our pay, benefits and quality of life," said Sergeant Barr. "Voting is the means to get involved."

## Step-by-step to voting

- The first step in the voting process is to see the unit voting counselor, to determine state of residency.
- Next, an SF 76 federal post card application must be filled out and mailed back by Aug. 15 to accommodate paperwork back and forth to the states.
- The state boards will process the SF 76 form and send out an absentee ballot.
- Fill out the ballot according to state instructions.
- Mail back as soon as possible.

## Tidbits

As of June 1, approximately 7,000 eligible voters are in the Eifel community -- 90 percent have been contacted.

Check out the main voting site at [www.fvap.gov](http://www.fvap.gov) for more information.

# 3 DUIs, 17 crashes hit Team Eifel hard, threatens goal day

By Iain Lotan  
52nd Security Forces Squadron

Team Eifel members were involved in 17 car crashes last week -- three were classified as major. Team Eifel had three more DUIs last week -- pushing the number of DUIs permitted per quarter over by two -- one counted as a major accident. DUI, inattentive driving and not at-fault incidents were the causes for the major car crashes last week.

The first DUI and major car crash occurred on A-1 at the Landscheid exit. A staff sergeant was going too fast for the exit and slammed into the guardrail. He was arrested by Polizei for DUI. There were no injuries to report.

The Bundeswehr and a local national assigned to security forces stopped an airman first class at the front gate for DUI. The security forces member recognized the Airman as the drunk person he escorted to an ATM earlier that night to pay for a taxi. The alcohol content in the Airman's blood registered 0.172.

The third DUI occurred on Bitburg Annex. A staff sergeant's wife was stopped for driving erratically. The security forces members detected a strong odor of alcohol coming from her. The



52nd SFS Airmen administered a series of field sobriety tests. After which, the staff sergeant's wife was arrested for DUI.

The second major crash occurred on the L-46. The wife of a senior airman swerved her vehicle several times for unknown reasons and slammed into the ditch. The vehicle became airborne and flipped over three times, landing on its wheels in the ditch. The fire department had to cut the roof off the car to get the driver out of the vehicle. She complained of pain from her head, neck and right wrist and was airlifted to the Wittlich hospital for treatment. The car was totaled.

The third major crash occurred on L-43. While going through a curve, a local national drifted into the other lane and slammed into a staff sergeant's car, causing damage down the driver's side. Due to the impact, the staff sergeant's car was thrown off the road and slammed into a ditch. The staff sergeant complained of head injuries and was transported by German ambulance to the Wittlich hospital.

There were 14 minor accidents last week. One was caused by speeding, four from improper backing, three from inattentive driving, one from fleeing the scene of an accident, one from not-at-fault and four from following too closely.

# Spang Airman receives IV training, administers test on Balad first sergeants

By Staff Sgt. Jason Lake  
332nd Air Expeditionary Wing Public Affairs

BALAD AIR BASE, Iraq -- Members of the 332nd Expeditionary Security Forces Squadron received life-saving medical training July 15 on the arms of Balad's first sergeants.

More than half a dozen Balad first sergeants rolled up their sleeves and "took one for the team" to give a half dozen patrolmen intravenous therapy training for severe dehydration or trauma.

Master Sgt. Michael Strickland, 64th Expeditionary Rescue Squadron, and medics from the 332nd Contingency Aero-medical Staging Facility taught the security forces Airmen proper techniques for finding a vein in a patient's arm while the first sergeants served as the guinea pigs.

Master Sgt. Robert Foley, the 332nd ESFS first sergeant and organizer of the event, said the training was essential for

his troops -- especially out here in the desert.

The first sergeant, deployed from 325th Mission Support Squadron at Tyndall Air Force Base, Fla., said on patrols, his troops are exposed to extreme temperatures inside their Humvees.

On an average summer day here, the vehicles easily get hotter than 115 degrees inside, and the protective equipment the troops wear only adds to the heat stress, he said.

Sergeant Foley said that in the past few weeks, there have been a few cases of dehydration out in the field, so he enlisted some volunteers to help sharpen the medical skills of his troops.

"It's very difficult to start an IV on dehydrated patients," Sergeant Foley explained. "Our combat life savers wanted to increase their proficiency in starting IVs under adverse conditions such as dehydration."

The first sergeant said he had a good idea where to look for volunteers -- his first sergeant colleagues.

"As first sergeants, our job is to help our people," he said. "In this case, by lending our veins, we show [the troops] we have faith in their abilities."

Master Sgt. Nancy Clegg, first sergeant for the 332nd

CASF, volunteered her arm for the training.

"I told them they would get four tries out of me," she said with a hint of sarcasm.

The Airman training with Sergeant Clegg got the IV to take on the fourth try.

Afterward, Sergeant Clegg, who is also a medical evacuation technician by trade, said she would have lent her arm as long as it took to help.

"These guys are the ones who go outside the wire and protect us while I work behind my desk," she said. "If I can help them by lending them my arm, then they can stick me almost as much as they want."

Senior Airman Irene Atkins, one of the Airmen who received the training, said she learned an easier way to get the needle into a vein. Airman Atkins and a few others also conducted combat lifesaver training with the Army here in February.

Airman Atkins, 32nd ESFS, is deployed from Spangdahlem Air Base, Germany.

"It was good practice," she said. "This kind of training is important because we don't want to lose one of our own. It's as hot as an oven out there, and we don't want anyone to get sent home."



1st Lt. Gerardo Gonzalez

## Top Saber Performer

**Name:** Staff Sgt. Rebecca Nye  
**Unit:** 81st Fighter Squadron  
**Duty title:** Unit deployment manager  
**Hometown:** Mentor, Ohio  
**Years in Service:** Nine  
**Nominee's contributions to 52nd Fighter Wing mission success:** Sergeant Nye was lauded during the 52nd Fighter Wing Unit Compliance Inspection with an individual recognition of "excellence" for her superb program management. The U.S. Air Forces in Europe inspectors noted that she ran "one of the top three status-of-resource training system units in the wing." During the 81st FS's deployment that supported Operation Enduring Freedom to Bagram Air Field, Afghanistan, she managed a 100-percent personnel

swap out and a four A-10 fighter aircraft plus-up during the 173-day deployment. Recently, she acted as the lead 52nd FW unit deployment manager for the deployment of eight A-10 aircraft to Slovakia, where she synchronized all coordination between the U.S. Embassy, seven 52nd FW agencies and host nation officials.

**Off-duty volunteerism:** Sergeant Nye volunteers at the Spangdahlem Middle School for Read Across America and at the Spangdahlem Elementary School during book fairs. Additionally, she volunteers during base blood drives.

**What do you do for fun? Or, what's a fun thing you've done lately?** I enjoy traveling Europe and tracking down all the Starbucks Coffee Shops. The most fun thing I have done lately was sky diving in the Canary Islands.

**What do you like most about being stationed here?** I like the European travel opportunities. I love being able to get out and visit all of the places I could only read about in school.

**What's one thing you'd like to see changed or improved at Spangdahlem Air Base?** I'd like to see additional parking at customer service-oriented facilities and a bigger fitness center.



Staff Sgt. John Barton

## New MDG commander

Col. Jay Neubauer assumes command of the 52nd Medical Group here from Col. Stephen P. Mueller, 52nd Fighter Wing commander, July 16. Colonel Neubauer and his wife, Deb, arrived to Spangdahlem Air Base from Eielson Air Force Base, Alaska. Colonel Neubauer replaces Col. John Lake, who moved on to the Air Force Personnel Center at Randolph Air Force Base, Texas.

## Eifel Salutes

### 52nd Mission Support Group

Hidden Hero salutes abound for **Tech. Sgt. Ted Kummert**; **Staff Sgts. Scott Keith, Mary Ann Reyes and Shirley Quevedo**; **Airmen 1st Class Kristy Molinar and Rolando Romero** and civilians **Janet Johnson, Sarah Kuyper, Rachel Sumja and Rachel Davis**.



### 52nd Operations Group

Here's a fond farewell to one of our favorite executive officers, **Capt. Dawn Drinkwine**, who remained an enthusiastic point-of-contact for her troops to get recognized in the Eifel salutes and other recognition avenues. Captain Drinkwine moves on to Kadena Air Base, Japan, so we bid her a sayonara and a salute!

### 52nd Maintenance Group

**Staff Sgt. Crystal Ferguson** was anything but bashful when it came to overseeing the squadron booster club and keeping the grounds clean at the summer BASH. **Tech. Sgt. Andrew McElfresh** was the behind-the-scenes guy who, with his wife Kim, supported the bazaar component of the festival. **Staff Sgt. Mathew Osterholt** brought the avionics flight back to the future by installing new state-of-the-art audio-visual equipment. "Pod squad" members **Staff Sgt.**

**Grant Peterson and Dale Caldwell** expertly repaired several elusive problems that plagued a 131 electronic warfare pod. EdTV? **Senior Airman Edward Marshall** produced a very humorous and memorable presentation for **Maj. Rob Gilchrest's** going away dinner. A stand-in star is **Master Sgt. Braxton Burrell**, who gets

kudos for substituting for four weeks in the superintendent's absence, for six weeks in the flight chief's absence and for one week when both of the flight's senior staff were away from the wing.

### 52nd Medical Group

All for the children ... **Tracy Timmons** is an integral part of the obstetrics team, early intervention and the Department of Defense Dependents Schools. Now hear this: **Capt. Sara Teufert** is an audiologist stationed at Landstuhl who offered manning assistance here at the Educational Developmental Intervention Services. Mothers and fathers know best, thanks to **Chris Hunt**, who has run many parenting classes here for the entire Team Eifel community.

*Kudos to all; Team Eifel salutes you!*  
 (Compiled by Senior Airman Amaani Lyle, 52nd Fighter Wing Public Affairs Office)



2nd Lt. Shannon Collins

## Top Saber Team

**Unit name:** 81st Fighter Squadron Mobility and Plans Section

**A brief description of unit responsibilities:** The team is responsible for all aspects of the planning, mobilization and generation of A/OA-10 fighter aircraft, 64 personnel and more than \$1 million worth of equipment.

**Number of members:** Three: Staff Sgt. Rebecca Nye, Capt. Chad Balettie and Capt. Brian Murphy

**How does the team fit into the 52nd Fighter Wing's mission?** The 81st FS mobility and plans section ensures the squadron is constantly ready to deploy to support national level objectives during combat and peacetime operations. Additionally, they draft the commander's and unit's combat-readiness reports.

**Team's other contributions through the year?** The 81st mobility and plans section successfully deployed the 81st FS to Bagram Air Field, Afghanistan, in support of Operation Enduring Freedom in which the squadron flew more than 1,437 combat sorties. During the 52nd FW Unit Compliance Inspection, the section directly contributed to the wing and squadron "excellent" ratings through the management of "a very effective" and "benchmark" program. Recently, the section simultaneously coordinated the successful deployment of approximately 37 52nd FW members who supported the international 60th D-Day Anniversary at Normandy, France; the deployment of eight A/OA-10 aircraft and about 194 52nd FW Airmen to Slovakia for weapons delivery training and the planning of the Squadron's aerospace expeditionary force deployment.

# Eww ... critters!

By Senior Airman Amaani Lyle  
52nd Fighter Wing Public Affairs Office



To shudder at a bug every now and then seems all too familiar a human experience -- regardless of the size of the insect.

Air Force Airmen; however, may face more than the "itsy-bitsy spider in a water spout" when they deploy downrange.

According to the 52nd Medical Group Public Health Flight, critters in southwest Asia areas of responsibility can be more than pests -- they can be disease carriers.

While camel spiders, such as the one on the left, carry no venom glands, they can crash a party by pinching humans and bringing fellow unwelcomed guests such as sandflies around them.

Leishmaniasis is a disease caused by a parasite and spread by the bite of infected sand flies. A growing number of leishmaniasis cases in people deployed in support of Operations Iraqi Freedom and Enduring Freedom have prompted more diligent "bug warfare" through increased dissemination of information from the Deployment Health Clinical Center.

"Leishmaniasis and malaria are the main concerns in Iraq right now," said Maj. Mark Duffy, 52nd Medical Group Public Health Flight commander.

Staff Sgt. La Tonya Dease, 52nd MDG force health management NCOIC, said there are simple ways to stay healthy and critter-free while deployed.

"Washing hands is the most effective way to combat germs and disease-carrying animals and insects," Sergeant Dease said.

"Also when I was downrange, I put socks over the tops of my boots at night to keep bugs out," she added.

Sergeant Dease cited another general rule of thumb for a clean bill of health is to drink lots of water.

"Monitor your urine," Sergeant Dease said. "If it's dark in color, you need to increase your water intake."

For more information about force health call the public health flight at 452-8308.

The Public Health Flight cites Airmen may not adopt desert "mascots" such as dogs, cats or rabbits. These animals can carry diseases such as rabies. Some animals may also have sandflies surrounding them.

Camel spiders are actually a species of solifugid called solpugida. Growing to be 8 inches in size or more, a large solifugid can bring down a scorpion and even small vertebrates such as lizards, rodents and birds. Their only similarity to spiders is the fact that they have eight legs.

According to Headquarters U.S. Central Command Air Forces, Airmen must now have three desert camouflage uniforms treated with permethrin, a spray-on repellent that safeguards against most insects and arthropods. UDMs provide the permethrin.

## America's most unwanted ...



Dr. Ed Rowton

**Alias: Black gnat**

**Sand flies**, such as the one above, exist in the Middle East and are known to carry leishmaniasis -- a disease is found in about 88 countries, including Iraq.

Airmen can use DEET, or diethyl-m-toluamide, to protect themselves from disease-carrying insects and a variety of other desert critters.

People with the skin form of the disease have one or more lasting skin sores where infected sand flies have fed.



Dr. (Capt) Michael Hasler

**Alias: Scorpio maurus kruglovi**

This **scorpion** was caught in Freedom Air Force Base, Kirkuk, Iraq.

The Public Health Flight reminds Airmen not to put their hands in dark places or debris piles, where scorpions love to hide out. Airmen should also shake out their uniforms, sleeping bags and shoes before using them.

Scorpions sting with a poisoned hook on their tail, which is typically raised prior to an attack.

The majority of scorpions are harmless to humans, although the sting is extremely painful and will require painkilling treatment.



Courtesy photo

**Alias: Anopheles**

**Mosquitoes**, like the one above, can carry a disease called malaria -- a serious, sometimes fatal disease caused by a parasite. Humans get malaria from the bite of a malaria-infected anopheles mosquito. When a mosquito bites an infected person, it ingests microscopic malaria parasites found in the person's blood.

The World Health Organization estimates that more than one million people die annually from the disease.

Anti-malarial drugs are available through health providers and should be taken exactly on schedule.



Col. Stephen Mueller

**Accessing Direct Line**

The Direct Line program is a way to get answers to questions you still have after using your chain of command.

Direct Lines of general interest will be published in the *Eifel Times* and may be edited or paraphrased for brevity or clarity. Submit your Direct Line via:

■ DirectLine@spangdahlem.af.mil

■ Mailed to 52nd FW/PA, Unit 3680 Box 220, APO AE 09126

■ To PA in building 23.

■ Concerns may also be sent via fax to 452-5254.

Anonymous inputs are accepted. To receive a personal response you must include your name and phone number. Call the Eifel Times at 452-5244 for more information.

**July Sortie Scoreboard**

Aircraft	Goal	Flown	Delta
F-16	694	406	+21
A-10	333	222	+28

\*Delta is contract vs. sorties flown to date.

Through July 19

Courtesy of the  
52nd Operations Support Squadron  
Plans and Scheduling Section

# Viewpoint

July 23, 2004

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## Morale

### Leaders -- get to know 'personal' side of Airmen, key family support groups

By Lt. Col. Scott Fischer  
606th Air Control Squadron commander

Leaders at any level will tell you that a successful family support network is integral to mission success. Home or deployed, taking care of the "personal" side of our Airmen and their families should always be in our cross check.

I'd like to focus on both our responsibilities as leaders and what spouses and families can do to help make the support system work.

Understanding what makes your Airmen "tick" starts with personal, one-on-one involvement -- not an e-mail or form letter, but a personal interview with those under your direct supervision to determine both the personal and professional goals and considerations of those we're tasked to lead.

Use personal feedback sessions to get to know how to help an Airman meet goals and support their family. Work the chain of command to assist professional development of your subordinates, but also remember to provide honest feedback on what's realistic given the Airman's capabilities and experience.

Now check on the personal side. Single Airmen? Married with their first child? Marital

“ Understanding what makes your Airmen 'tick' starts with personal, one-on-one involvement -- not an e-mail or form letter ... ”

problems? Not that you're trying to pry, but you may identify some key factors in that Airman's life that affect your mission. Let them know you care. If there's an issue, identify it early and let the Shirt lend a hand. Working an issue in garrison is much better than reacting to it downrange.

In Iraq or Afghanistan, having a full-up troop who knows his family is on track with a support network to fall back on is a huge boost to mission capability.

What can spouses do to make the system work and assure they're in the loop regardless of whether their husband or wife is at home or down range? First off ... GET INVOLVED!

Spangdahlem AB offers enormous support to families, especially during deployments.

Unfortunately, the vast majority of spouses fail to utilize the support. They should attend the wing's "Town Hall" meeting with the wing commander Aug. 19 to learn more.

Within squadrons, spouses should get to know the other spouses through social events and squadron spouse club meetings. It's not about what rank their husband or wife is, it's about getting out of the house and plugged into the social and support networks that are there exclusively for spouses.

Five of the most valuable people I have in my squadron are my key spouses, and they thrive on making our 606th ACS families happy and keeping them informed. I'm sure that's the "key spouse standard" for Spangdahlem AB.

Next, spouses should communicate their concerns with their military spouse. Uneasy about an upcoming deployment? Running into obstacles on base? He or she may have a solution. If not, the chain of command will.

Understanding personal factors and situations that affect an individual's attitude and performance should be fundamental to everyone, from a staff sergeant with two subordinates to a commander with hundreds.

## Pride

### Uniform survey, force-shaping goals usher new chapter in AF storybook

By Capt. Jason Medina  
Air Force Public Affairs  
National Media Outreach Office

NEW YORK -- Future Air Force historians could easily label 2004 as the Year of Decision.

We have taken this year by the horns and renewed our vows to physical fitness, paved a road toward transformation and set aggressive force-shaping goals to get back to our "fighting weight," and we continue to make tough choices about what America's Air Force will look like in the future.

Enter the proposed new utility uniform. For the past year, more than 620 Airmen at 30-plus locations have been experimenting with a replacement to our battle dress uniform.

A popular, though unlikely, alternative would have been to authorize "any black undershirt" and make the so-called "blouse" optional within the workplace. This ensemble, though fashionable, would be hardly standardized, and it certainly wouldn't be distinguished.

Airmen deserve an Air Force-unique uniform. I still cringe at having to list the nuanced differences between Air Force- and Army-style BDUs to curious bystanders, and I look forward to a new uniform that all Airmen, whether in a military personnel

flight or a munitions maintenance shop, wear with pride every day.

Currently, our senior leaders are soliciting our feedback through an online survey, the results of which will help determine the next Air Force "look."

Since we generally don't get to cast votes for Air Force policy, it is notable that we are being asked to provide input into what we wear to work every day. It is a decision we should not take lightly, because the stakes are high.

A uniform tells a story: bright orange jumpsuits will forever identify the incarcerated, tuxedos identify the celebrated and square, tasseled caps are reserved for the educated.

For almost 57 years of aiming high and crossing into the blue, Air Force utility uniforms have identified us predominantly by our Army-based heritage.

It is time to write the next chapter of the Air Force Story, and our inputs are important in the decision-making process. Let's do our part and complete the online survey to help ensure our new utility uniform identifies us not by where we came from, but for where the Air Force is going.

Our future identity depends on it. (Go to <http://www.af.mil/uniform/> to view the uniform feedback form.)

## Direct Line

### Appointment line

Question: I have a concern regarding the Family Practice Clinic medical appointment line. The appointment line opens at 7 a.m., but someone needs to be there to answer the phone before this time. I called at about 7:08 a.m. and heard the message that the clinic was closed. This was very frustrating, so I called the line four more times and let the phone ring about 40 times each, and no one answered. I did not get in touch with anyone until 8 a.m., and I ultimately had to call the clinic directly to make an appointment. The technician told me that the appointment line was open and that I should let the phone ring until someone could pick it up. I then identified myself, because I work in the medical field, and asked her to please personally make an appointment for me. She told me that her office doesn't usually do this, but that she would this time. I have had co-workers and friends with this same problem, and nothing has been done about it. My questions are: How are customers supposed to know that if the phone rings more than 30 times, someone will pick it up? Why doesn't the system have a pre-recorded message (like lodging) that tells callers what number to hold, instead of the phone just ringing and ringing? What can be done to educate customers on the appointment line process until the situation can be improved?

Answer: Thank you for your inquiry into the appointment line. During the month of May, power surges disrupted our appointment lines on two separate occasions. After the power surge, the automated message informing customers they were in the queue was erased and instead of hearing the usual message and music, the phone rang until it was answered by one of our attendants. Until your inquiry, the 52nd Medical Group did not know this had occurred. We have since purchased additional equipment to prevent future disturbances, and we have also instituted a quality check for such occurrences.



## Community Mailbox

Submit "Community Mailbox" advertisements 10 days before the desired publication date to publicity@spangdahlem.af.mil.



### Puppy kindergarten

The Pet Spa offers a course for dogs that need training Tuesday for six weeks. Dog obedience class starts at 6 p.m. and puppy kindergarten is at 7:30 p.m. Call the Pet Spa at 452-9362 for more information.

### Safety news

People 26-years old and younger who have been at Spangdahlem AB for six months must attend a mandatory Course II refresher Tuesday from 3-4:30 p.m. in the base theater. Contact the 52nd Fighter Wing Safety Office at 452-7233 for more information.

### Eifel Writers

The Eifel Writers group meets Wednesday at 6 p.m. in Spangdahlem, next to Mom's Restaurant. The meetings take place every other Wednesday for inspiring writers. Call Al Cannon at 452-7555 or e-mail him at eifelwriters@yahoo.com for details.

### Lumpia sale

The Phillipino-American committee holds a lumpia sale July 30 at 11:30 a.m. at the Spangdahlem AB chapel. Lumpia is a deep-fried Philippine egg roll with a mix of ground beef and/or pork, vegetables and spices. Prices are \$1 per lumpia; \$5 for a combination plate, featuring three lumpia and fried rice and \$10 for 15 uncooked lumpia. Pre-orders are accepted until Thursday at 4:30 p.m. Call Staff Sgt. Rafael Villanis at 452-8149 or Staff Sgt. Anne Reyes at 452-6911 to pre-order. Orders will be ready for pick up at the chapel July 30 at 11:30 a.m.

### School bus registrations

All students who ride the school bus must have a new bus pass for the 2004/2005 school year. Students who register with the schools before July 30 will receive the pass and information in the mail by Aug. 20. Students who register after July 30 need to stop by the Student Transportation Office, located in building 433, with a copy of the school registration form to register for the bus service. Call the Eifel STO at 452-5340/5352 or 06565-61-5340/5352 before coming in to register.

### Family support news

All classes meet at Spangdahlem AB, building 307, unless otherwise noted. Call 452-6422 for details.

- ♦ Monday, training day, Bitburg Annex and Spangdahlem AB FSCs closed
- ♦ Tuesday, 9-10:30 a.m., Pre-separation briefings, Bitburg Annex, building 2001
- ♦ Wednesday, 8 a.m. - 5 p.m., Pre-deployment briefings; noon - 1 p.m., key spouse meeting; 1-3 p.m., local employment
- ♦ Thursday, 8-9 a.m., German bills made easy
- ♦ July 30, 9 a.m. - 5:30 p.m, Train trip to Trier

### New graduate course

The University of Oklahoma now offers three International Relations courses here at Spangdahlem AB. IR students can complete their degrees with a minimum of travel to other bases. IR classes can be used toward Human Relations electives. For more information, call Al Cannon at 452-7555.

### Hidden Heroes hours

Volunteer hours for July are due by noon Aug. 6. Registered volunteers who turn in their hours on time with 40 or more hours in July receive a free volunteer gift. Hours can be turned in to the Hidden Heroes squadron representative or Lynn Luria at the Family Support Center. For more information, call Ms. Luria at 452-6422.

### ODR events

For information on Outdoor Recreation, call 452-7176 or stop by Spangdahlem AB, building 146, Monday through Friday, 10 a.m. to 6 p.m.

- ♦ Aug. 1, enjoy a great day of fishing for the entire family at a Luxembourg trout fishing trip. The pond is reserved for ODR that day with freshly stocked trout. Participation is limited to 20 people, and the cost is \$25 per rod.
- ♦ Aug. 6-8, try a weekend combination of Swiss canoeing and canyoning in the Swiss Alps near Interlaken, working

down the steep and narrow gorge and tackling a series of waterfalls by abseiling and jumping. Accommodations are at Hotel Baeren and are limited to 15 people. Cost is \$335 per person.

- ♦ Aug. 13-15, cast off for adventure with a Baltic deep sea fishing trip. Go cod fishing off the coast of northern Germany and Denmark, where there are no limits on the number of fish to catch. Enjoy staying overnight in a fully-equipped apartment near the scenic seaside resort of Kappeln, Germany. The trip is limited to 20 people and costs \$95 to \$105 per person.
- ♦ Aug. 21, paddle up the Mosel River on the Mosel canoe and sea kayak trip. The trip is approximately 10 km. and is limited to 20 people. Cost is \$35 per person.
- ♦ Aug. 22, gear up for the Mosel bike trip. Enjoy a day of biking the Mosel River from Trier to Luxembourg. The trip is limited to 15 people and is rated a low- to medium- level. Cost is \$25 per person.
- ♦ Aug. 29, enjoy a North Sea fishing trip off the coast of Belgium. It's geared toward serious anglers desiring to catch cod, pollack, whiting, flounder, bass and sea bream on rough seas in the North Atlantic anywhere from two to 30 miles off the coast. Cost is \$85 per person.

### ESL spring classes

Sign up now for English as a Second Language. Call the Family Support Center at 452-6422 to register or for more information.

- ♦ Sept. 7 - Oct. 14, 5-7 p.m., each Tuesday and Thursday, Basic Level 2 ESL, Spangdahlem AB, building 139
- ♦ Sept. 7 - Oct. 14, 10 a.m. to noon, each Tuesday and Thursday, Intermediate ESL, Bitburg Annex, building 2001

### Al-Anon family groups

Al-Anon weekly meetings begin Aug. 1 at Spangdahlem AB, building 2015. Al-Anon offers a self-help recovery program for families and friends of alcoholics. Members give and receive comfort and understanding through mutual exchange of experiences, strength and hope. For details, call 06561-946479.

## Chapel Services

### Spangdahlem AB

#### Catholic Mass

- ♦ Saturday, 5 p.m.
- ♦ Sunday, 8:30 a.m.
- ♦ Thursday, 11:45 a.m.

#### Protestant

- ♦ Sunday, 9:30 a.m., pre-school through sixth grade (building 139); 10:30 a.m., traditional service; 1 p.m., Korean; 5 p.m., Sunday Night Live

#### Jewish

- ♦ Every second and fourth Friday of every month, 5 p.m., Shabbat Services

### Bitburg Annex

#### Catholic Mass

- ♦ Sunday, 11:30 a.m.
- ♦ Monday, 9:15 a.m.

#### Protestant

- ♦ Sunday, 8:15 a.m., Liturgical; 9:30 a.m., Contemporary; 11:30 a.m., Sunday School (building 2001); 1 p.m., Gospel Service
- For more information about Jewish, Islamic, Rite of Christian Initiation for Adults or other faith needs, call the chapel at 452-6711.



## Club Eifel Happenings

The following events take place in Club Eifel. Call 452-6090 for more information.

### Too bad!

Julia Hamer lost her claim to \$400 last week at the weekly club member drawing. Staff Sgt. Scott Klawitter missed out on \$175. Drawing winners who weren't present can stop by the Club Eifel cashier's cage and pick up free lunch coupons as a consolation prize. Staff Sgt. Brad Fox was Club Eifel's Hot Food n' Cold Cash winner last Friday.

### Today

- Red Hot Fridays is from 5 p.m. - 1 a.m.
- ECL: Commander's social, 5 p.m.

### Sunday

- Breakfast buffet cancelled

### Wednesday

- Shrimp Feast Buffet from 5-8 p.m. Peel and eat shrimp, served hot and cold
- Ladies Night from 6-10 p.m., ladies get half off all drinks.



## Der Markt

### Free classifieds policy and submission deadlines

Der Markt is for the personal resale of items by military and civilian employees and their families. Items such as advertisements for rental property won't be published due to funded paper restraints. Ads should be 35 words or less and customers are limited to no more than two ads per week. Ads must be typed or printed legibly and turned into the public affairs office, building 23, at least 10 days before the desired date of publication. Ads can also be e-mailed to publicity@spangdahlem.af.mil or sent via fax to 452-5254. Having ads in by deadline does not guarantee publication. Ads for services generating regular income will not be published. The ads must include the sponsor's name and telephone number. Ads not meeting these requirements, including those exceeding the designated word limits, will not be printed. The Eifel Times staff reserves the right to edit ads.

## Movies

The following movie listings are for today through July 29. Times and movies are subject to change. For the most current information, call 06565-61-9441 or 452-9441. Movie synopses are available at [www.afees.com/ems/default.asp](http://www.afees.com/ems/default.asp).

### Bitburg Castle

Today

*Harry Potter and the Prisoner of Azkaban* (PG, 7 p.m.)

A dangerous mass murderer, Sirius Black, has escaped Azkaban prison, and there's only one thing he wants -- Harry. Harry learns the disturbing story of Black, along with more of his own history.

*Kill Bill Vol. 2* (R, 10 p.m.)

There were five on her list -- now it's three. O-Ren Ishii and Vernita Green were the first to fall; now The Bride is out to finish the job by killing the rest.

Saturday

*Harry Potter and the Sorcerer's Stone* (1 p.m.)

*Harry Potter and the Chamber of Secrets* (4 p.m.)

*Harry Potter and the Prisoner of Azkaban* (7 p.m.)

Sunday

*Harry Potter and the Prisoner of Azkaban* (4 p.m.)

*Envy* (PG-13, 7 p.m.)

A lifelong friendship goes down the tubes when a hapless schmoo becomes rich from an invention, and his neighbor is driven insane with envy and proceeds to wage war on him.

Closed Monday and Tuesday

Wednesday

*Harry Potter and the Prisoner of Azkaban* (4 p.m.)

*Ella Enchanted* (PG, 7 p.m.)

Ella was born with the "gift" of absolute obedience, which threatens to keep her away from her true love. She sets out on a journey to rid herself of the curse.

Thursday

*Kill Bill Vol. 2* (7 p.m.)

### Spangdahlem Skyline

Today

*Garfield* (PG, 7 p.m.)

Garfield wants only one thing: the pup, Odie, out of his home. When the pup is kidnapped by a nasty dog trainer, Garfield, for the first time in his life, feels responsible and springs into action to return the pup.

*Man on Fire* (R, 10 p.m.)

A former government operative takes a job in Mexico City as the bodyguard of the 10-year old daughter of a wealthy family who are threatened by a wave of kidnappings.

Saturday

*13 Going on 30* (PG-13, 7 p.m.)

Jenna wishes she was all grown up and miraculously, her wish comes true. The next day, she's a 30-year old, gorgeous, successful woman with a great job and a fabulous apartment. She soon learns that having it all is not enough.

*Laws of Attraction* (PG-13, 10 p.m.)

Two New York divorce attorneys who oppose each other in court end up drawn to each other and get married.

Sunday

*Garfield* (4 p.m.)

*Man on Fire* (7 p.m.)

Monday

*13 Going on 30* (7 p.m.)

Tuesday

*Laws of Attraction* (7 p.m.)

Closed Wednesday and Thursday

Kilts, bagpipes, haggis ...

## Enjoy sights, sounds of Scotland

Story and photos by  
2nd Lt. Shannon Collins  
52nd Fighter Wing  
Public Affairs Office

Enjoy the unique sounds of bagpipes while looking for the monument of William Wallace. Fearlessly try the haggis. Diligently visit the lochs, hoping to catch a glance of the wee beastie affectionately known as "Nessie."

With just a plane and train ride away, Team Eifel members can enjoy the sights and sounds of Scotland.

### Glasgow

Upon landing at the Glasgow-Prestwick airport, grab a train into the center of Glasgow, stepping off the train at Central Station. Drop off the luggage at one of the many hotels and jump on a sightseeing tour of Scotland's largest city. Stop off at George Square to see the Gallery of Modern Art or City Chambers or take a stroll on the Glasgow Green stop and see the People's Palace.

Enjoy one of the many theatres or the royal concert hall or see the tall ship at Glasgow Harbour. The highlight of any trip to Glasgow is the Glasgow Cathedral, located in the heart of the city.

The cathedral is the only medieval cathedral on the Scottish mainland to have survived the Reformation of 1560 virtually complete. The present cathedral was built during the course of the 13th century, although recent excavations have found traces of a 12th century church.

Located next to the Glas-



A bagpiper plays for locals and tourists as they pass by him on the street in Edinburgh.

gow Cathedral is the St. Mungo Museum of Religious Life and Art. Within its doors, people can view Salvador Dali's "Christ of St. John of the Cross," known to be the only painting of Christ being crucified without the crown of thorns, whip marks or blood.

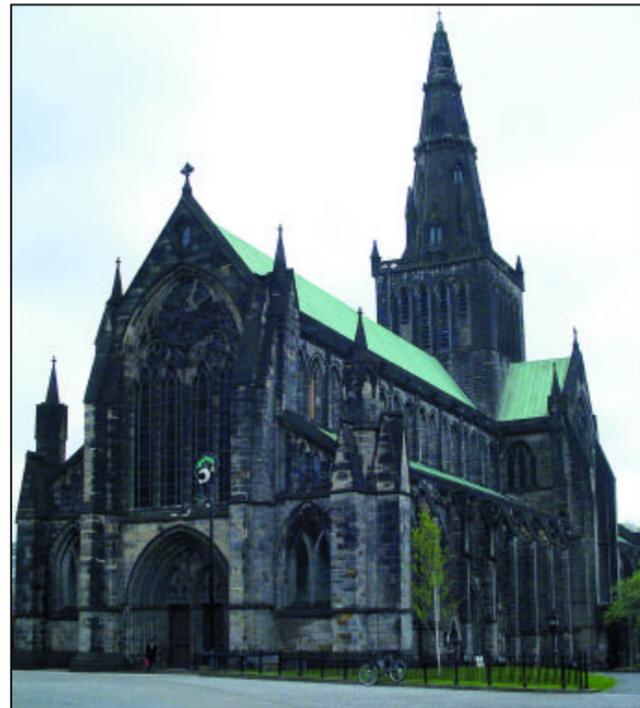
After enjoying the breathtaking cathedral and solemn St. Mungo Museum, jump on a train at Queen Street Station to Edinburgh, Scotland's capital.

### Edinburgh

Unlike the busy bustle of Glasgow, Edinburgh offers a quaint, picturesque scene, with the Edinburgh Castle dominating the skyline.

The highlight of Edinburgh is Edinburgh Castle. For 3,000 years, people have sought shelter on the castle rock.

When visiting the castle, see a giant medieval siege gun known as Mons Meg; the



The Glasgow Cathedral, an awe-inspiring structure, is dedicated to St. Kentigern, affectionately known as St. Mungo, who was the first bishop within the ancient British kingdom. He was thought to have been buried on the site in AD 612.

Honours of Scotland, the oldest Crown Jewels in the British Isles; the Stone of Destiny, Scotland's ancient Coronation Stone; and at 1 p.m., see and hear the castle's famous One O'Clock Gun.

After stopping by the castle, visit Edinburgh Dungeon for a theatrical telling of Scotland's darker history or take a Tour of the Dead to visit some of Scotland's most haunted closes, or alleys.

Another popular stop is the Scottish Heritage Whiskey Museum. Stop in for a dram and then visit the Robert Burns Monument or the tavern celebrating the infamous

Deacon William Brodie. Brodie inspired the character of Dr. Jekyll and Mr. Hyde.

Before leaving Scotland, try a bit of haggis, sausage made of minced sheep organs, or look through the tartans, a plaid textile design with the family colors, and souvenirs in the many shops for the clan of a long-lost ancestor.

Whether visiting the highlands or the lowlands, the busy bustle of Glasgow or the picturesque, quaint Edinburgh, Scotland offers a variety of sights and sounds that would make any American with a dram of Scottish ancestry proud.



## Out and About



(Editor's note: Event dates and times are subject to change. To confirm event details, call the telephone information office at 11833 and ask for a number to the tourist office in the town the event takes place. For event tickets, call the Press-Center Trier at 06511-459930, the Trier Tourist Information Office at 06519-780822 or the Trier Ticket Service at 06519-941188, unless specified otherwise.)

- Herforst hosts their annual town festival Saturday through Monday. Saturday features music and dancing at 3 p.m. and a church service at 6:30 p.m. Sunday features music at 10 a.m. in the tent; lunch for purchase at noon; music by local associations at 1:30 p.m.; demonstrations by the local fire department at 3 p.m.; dances by children's groups and the Outrides Kids Speicher, followed by a concert by the Youth Orchestra Herforst, and dance music later on at night, starting at 8 p.m. Monday features children's entertainment at 2 p.m. and local bands and

dance music in the evening at 8 p.m.

- Have fun at the Riol wine and champagne festival Friday and Saturday.
- Enjoy the 13th Tricksters' and Artists' festival Friday and Saturday in Koblenz.
- The Cologne Saxophon Mafia band will perform a concert at 7:30 p.m. Saturday at the Trier Brunnenhof courtyard, located near the Porta Nigra. Tickets are seven euro.
- Listen to tunes by the "Radio-Brass-Connection" at 9 p.m. Saturday at the inner courtyard of the Trier Imperial Palace. This is a traditional brass open air performance.
- Participate in the 12th International Young Walks Tour Volksmarch Saturday and Sunday in Baar/Wanderath, located near the Nuerburgring race track.
- Sample wine and enjoy listening to music Saturday through Monday at the annual Serrig wine festival. Serrig is

located near the town of Saarburg.

- Listen to music by the Suffolk Youth Swing Band at 4 p.m. July 30 at the Trier Brunnenhof courtyard, located near the Porta Nigra.
- The Mosel town of Schweich celebrates its popular harbour festival July 30 through Aug. 1. This is a small but nice event. It features a fireworks display.
- The Altstadt festival, or old city festival, of Cologne takes place July 30 through Aug. 1.
- Enjoy the 2004 ADAC Great Prix Touring races at the Nuerburgring race track July 30 through Aug. 1.
- A popular wine festival featuring wine, delicious food and a giant fireworks display takes place July 30 through Aug. 2 in Olewig, a suburb of Trier.
- Attend the Bitburg Biersdorf Lake Festival Aug. 6-8. A fireworks display will kick off the last evening of the event. A small amusement park will be available.

# New jogging trail is nature friendly

By Airman 1st Class Eydie Sakura  
52nd Fighter Wing Public Affairs Office

A new jogging trail on Spangdahlem Air Base opened as part of the Combat Proud and Combat Fitness projects July 8. The trail connects with the running track behind the base fitness center.

The trail was created to provide a safe alternative to running on the streets, where road construction puts a damper on running on Spangdahlem AB.

"It gives you a place to relax and settle into a peaceful run without the worry of traffic," said Chief Master Sgt. Christine Davis, 52nd Civil Engineer Squadron.

"The new trail is great because the scenery changes, and the hills make it a little more challenging," said Staff Sgt. Michael Vaughn, 52nd CES. "You are not just running on a boring, flat surface."

Airmen use the forested trail to prepare people for the Air Force physical training test. It is slightly longer than one mile.

"If people are looking for a quiet and peaceful run, there are several benefits to the new jogging trail," said Mr. Mark Geairn, 52nd Services Squadron.

"The forest setting is great for meditation and has a surface that is better on the ankles and the knees than the asphalt," he said.



David Niebergall

Chief Master Sgt. Christine Davis, 52nd Civil Engineer Squadron, tries out the new Spangdahlem Air Base jogging trail July 8 at the grand opening kick-off run. Col. Stephen P. Mueller, 52nd Fighter Wing commander, led a group of runners from 52nd CES and 52nd Services Squadron on a 1.5 mile run after the ribbon cutting ceremony.

# Airman earns spot on Olympic track, field team

By Tech. Sgt. J.C. Woodring  
Air Force Print News

SAN ANTONIO -- 1st Lt. James Parker, an Air Force world-class athlete from Malmstrom Air Force Base, Mont., earned a spot on the U.S. Olympic track and field team July 12 with a hammer throw of 254 feet, 6 inches.

"I came into the Air Force to serve my country," said Lieutenant Parker, who has been throwing the hammer for 10 years. "To represent the Air Force and the country on the athletic side is ... the biggest honor of my life."

In the preliminaries of the U.S. Olympic track and field trials in Sacramento, Calif., July 10, each of the 24 competitors was allowed three throws to determine advancement to the finals. People who throw farther than 236-3 are automatically qualified for the finals.

Lieutenant Parker said he had a "mental edge" on the other athletes going into the competition because he had farther marks than the others and

was favored to make the team.

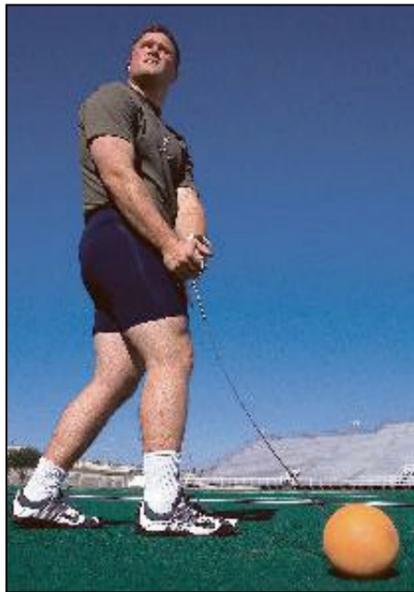
He said he also felt a lot of pressure because he witnessed several other favored athletes not make the team.

"On the day, you never know what will happen," Lieutenant Parker said. "It really was a nerve-racking situation."

As the last competitor to throw in the first round, Lieutenant Parker stepped into the circle and tossed a 240-3, the longest throw of the day. He then sat back and analyzed his competition for the finals.

In the first round of the finals, the lieutenant established the benchmark of 245-1 on his first throw and increased it to 251-4 on his final throw of the round.

During the final round, Lieutenant Parker tossed his best throw of the day, 254-6. Winning this event and his 259-10 throw during a meet at Brigham Young University June 26 placed Lieutenant Parker on this year's Olympic team.



Courtesy photo

1st Lt. James Parker, an Air Force world-class athlete from Malmstrom Air Force Base, Mont., earned a spot on the U.S. Olympic track and field team July 12 with a hammer throw of 254 feet, 6 inches.

## Scoreboard

The following is a list of the latest softball scores as of July 21.

### Intramural softball

#### American League

Team	W	Team	L
52 CES A	23	81 FS	12
52 SFS	19	606 ACS	18
52 EMS A	17	52 MDG	2
52 EMS C	20	52 EMS D	4

#### National League

Team	W	Team	L
52 LRS A	20	52 CS	13
52 CMS	16	AAFES	3
52 AMXS A	20	52 CES C	3
52 CS	7	52 MSS/FW	0 (forfeit)



All classes meet at Spangdahlem AB, building 130, unless otherwise noted. Call 452-6995 or 0656561-6995 for details.

- ♦ Today, commissary tour, 1 p.m.
- ♦ Monday, hypertension education, 9 a.m.; cholesterol education, 1 p.m.
- ♦ Tuesday, healthy living workshop, 9 a.m.; prenatal education, 1 p.m.
- ♦ Wednesday, fitness improvement program and body composition improvement program, 8 a.m.; tobacco cessation, noon
- ♦ Thursday, women and weights, 1 p.m.

## Sports Briefs

### Skateboarding camp

Skatewave Extreme Camp rolls in to Spangdahlem AB Aug. 2-6. The camp teaches starting points, trick tips and proper safety for skaters of all levels. A helmet, knee pads and elbow pads, along with a personal skateboard, is required. The class is open to skateboarders and rollerbladers. Class times are 10 a.m. - noon for children ages 10-12 and 1-3 p.m., for ages 13-16. Call Sally Fuller at 452-7545 for details.

### Outdoor soccer registration

It's time to kick off the youth soccer season. Sign up to play at the Spangdahlem AB Youth Center Monday through Aug. 13. The season begins Aug. 30 and lasts through Oct. 30. Parents of the soccer players must attend a mandatory informational meeting at the Bitburg Castle Theater Aug. 17 from 5-6:30 p.m. or the Spangdahlem Skyline Theater Aug. 18 from 5-6:30 p.m. Coaches are needed to teach and inspire. Call Randall Greenfield at 452-7545 for more information.



### Adventure camp

An adventure camp takes place Aug. 9-13 from 2-4 p.m. at the Spangdahlem AB Youth Center. The participants are transported to an off-base adventure site for caving, climbing, orienteering, the ropes course challenge and hiking the Petite Swiss region of Luxembourg. The camp is for children ages 12-15.

### Frisbee sports camp

A frisbee sports camp takes place Aug. 9-13 from 2-6 p.m. at the Spangdahlem AB perimeter road soccer field. Participants play ultimate frisbee, frisbee golf and GUTS, the new game of frisbee. The camp is open to children ages 10-15.

### Flag football

A flag football camp takes place Aug. 9-13 from 9 a.m. to noon at the Bitburg Annex soccer field. It covers fundamental football skills, including conditioning, foot work, passing, receiving and speed. The camp is open to children ages 8-12.



### Volleyball camp

A volleyball camp takes place Aug. 16-20 from 9 a.m. to noon at the Bitburg Annex French Kasern gymnasium. It includes instruction on serving, setting, spiking, volleying and defensive and offensive positions, as well as conditioning drills and play. The camp is open to children ages 12-15.

### Soccer camp

A soccer camp kicks off Aug. 16-20 from 2-5 p.m. at the Spangdahlem AB perimeter road soccer field. The camp covers various facets of soccer, including fundamental skills, tactics and strategy. The camp is open to children ages 8-12.

### Martial arts

Kuk Sool Won is a martial arts system that covers Asian fighting techniques and body conditioning, as well as mental development and traditional weapons training. Classes take place each Monday and Wednesday from 7-9 p.m. and each Friday from 5-6:30 p.m. in the base fitness center. Cost is \$25 per month. Contact Raymond Gills at 452-6540 or Sean Heard at 452-6193 to sign up.

### Hockey team

The Spangdahlem ice hockey team needs men and women players for next season. Call Master Sgt. Jeff Barr at 452-7410 or Tech. Sgt. Lane Goodnough at 452-6618 for details.