

LOCAL HOST NATION HOSPITALS

General Information



...GOOD TO KNOW



This Pamphlet Provided Courtesy of 52FW Host Nation Council

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What to bring

- Towels & washcloth
- Personal hygiene products, including hand soap
- Bathrobe & comfortable clothes
- Pyjamas/nightgown/house shoes or slippers
- Small toiletry bag
- Midsize overnight bag
- Books, magazines
- Local currency/bilingual dictionary

Phone/TV (requires registration)

- Purchase "Telefon Karte" on admission, that will allow you to make and receive calls from your bedside.
- 10-15 Euro refundable security deposit and desired amount of charge for minutes (cash only).
- Slide card into the phone by your bed.
- Phone card also activates the TV in the room (English channels: CNN, MTV, BBC).
- Some hospitals may use a different system. Please ask on admission or at the reception desk.
- Some facilities may assess a nonrefundable daily fee.
- Most facilities allow a small DVD player, radio, or laptop (respect those around you, bring headphones).

*** Cell phones are not allowed in the hospital***

Meals & Beverages

- Lunch is the main (warm) meal of the day, not supper.
- Breakfast/supper are light, continental meals.
- Sparkling water is offered routinely. Still water is available upon request (please ask staff).
- Water, warm tea and coffee available for self service on most units. Food can be brought in, if no dietary restrictions (please check with staff prior to bringing in food).

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Conversions

$$F = C \times \frac{9}{5} + 32$$

$$37C = 98.6F$$

$$38.3C = 101F$$

$$1kg = 1000g = 2.2 \text{ lbs}$$

$$240cc = 8 \text{ oz}$$

$$2.54cm = 1"$$



$$5cc = 1 \text{ tsp}$$

$$15cc = 1 \text{ tbs}$$

Translation

Good Day	Guten Tag
Emergency	Notfall
Pain	Schmerzen
Nausea	Uebelkeit
Vomiting	Erbrechen
Abdomen	Unterleib/Abdomen
Fever	Fieber
Headache	Kopfschmerzen
Dizziness	Schwindel
Cough	Husten

Food translations

Chicken	Huhn
Fish	Fisch
Beef	Rind
Pork	Schwein
Turkey	Pute
Potatoes	Kartoffeln
Sauce	Sosse
Carrots	Karotten
Juice	Saft
Water	Wasser
Ice Cream	Eis
Sugar/Salt/Pepper	Zucker/Salz/Pfeffer

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Patient Liaison Officer

- Visits patients admitted to local Host Nation Hospital.
- Familiar with medical terminology, local healthcare systems and customs.
- Fluent in English and German.
- Can help you communicate with the Host Nation health care team, to get clear a understanding of your condition & treatment.
- Office hours at local Host Nation Hospitals (ask staff or reception desk).
- Patient Liaison support can be requested prior to visit.

What to expect

- Paid parking. If parked illegally, you may be ticketed and/or towed away at an expense to you.
- Pay for phone use.
- Playrooms for children on Pediatric wards.
- Move about freely on hospital grounds if cleared with medical/nursing staff.
- Most staff speak some English (please speak slowly).
- Inpatient admission for observation, testing, treatment.
- Semi-private rooms. Privacy screens may not always be available between beds. Plan accordingly.
- Longer hospital stays for observation, testing, treatment and rest.
- Junior doctors often accompany attending physicians during rounds.
- It is appropriate and expected that you ask questions and you indicate your pain level.
- You can refuse or defer treatment/procedure.
- Visiting hours 8am-8pm most facilities. Any visits that are outside designated times must be cleared with staff.
- ICU visiting policies may differ at each location, please ask staff.
- Smoking is not permitted in the hospital, please ask staff for designated smoking areas.

52 Med Group Pharmacy 06565-61-8158
TRICARE Benefits Advisor 06565-61-8333

Valuables

- The hospitals do not assume responsibility for lost or stolen items.
- Do not bring large amounts of cash or items of high value.

Admission, Discharge and Follow-up

- Following an Emergency visit, contact your TRICARE Benefits Advisor for authorization.
- Notify your TRICARE Benefits Advisor of any unscheduled visits or admission.
- Active Duty Admission: Notify Command Post and your Chain of Command. All convalescent leave, profile, etc. need authorization by your Primary Care Manager.
- Please bring all paperwork given to you by an off base provider to TRICARE immediately for translation and/or follow up care.
- Inform TRICARE if convalescent leave is needed, they will refer accordingly.

Prescriptions

- The 52d Med Group Pharmacy has provided local providers with the Formulary Booklet, including a sample prescription.
- The 52d Med Group Pharmacy can only honor prescriptions that are in the correct format (including all required information).
- Seek 52d Med Group Pharmacy assistance, prior to going to a German "Apotheke".
- If you fill a prescription at a German "Apotheke", keep a copy of the prescription and the receipt to file a claim form with your TRICARE Benefits Advisor.

Non-FDA approved items may not be reimbursed by TRICARE

LOCAL HOST NATION HOSPITALS



Marienhauklinik Bitburg

Krankenhaus Str.1, 54634 Bitburg
(06561) 64-0 / www.krankenhaus-bitburg.de
Patient Liaison Officer (06561)64-2460 or
06561-640 (ask operator to page PLO)
NO Pediatrics

Verbundkrankenhaus Bernkastel/Wittlich

Koblenzer Str. 91, 54516 Wittlich
(06571) 15-0 / www.verbund-krankenhaus.de
Patient Liaison Officer (06571)15-29221
Patient-liaison@verbund-krankenhaus.de
PEDIATRICS /NO Urology & NO Optometry

Klinikum Mutterhaus der Borromaeerrinnen

Feld Str. 16, 54290 Trier
(0651) 947-0 / www.mutterhaus.de
Patient Liaison Officer (0651)947-83355
US-Patienten@mutterhaus.de/PEDIATRICS

Krankenhaus der Barmherzigen Brueder Trier

Nordallee 1, 54292 Trier OPTOMETRY
(0651) 208-0 / www.bk-trier.de
Patient Liaison Officer (0651)208-2346

Ev. Elisabeth Krankenhaus (Dr. Hrynyschyn)

Theobald Str.12, 54292 Trier /(0651) 209-20
Patient Liaison Officer (0651)208-2346

52nd Medical Group

Patient Liaison Officer Team
06565-616436/6456/6452

For assistance after Hours:
Command Post 06565-61-6141